

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Event 1 Women 100 Meter Dash****School: 11.70 R 2007****Facility: 11.70 F 2007****Meet: 11.70 M 2007****ECAC: 12.04 E****'24 D1 East: 11.44 & 2024****Jessica Young****Jessica Young, Richmond****Jessica Young, Richmond****D1 East Reg -Last-Mark-In**

Name	School	Finals	Wind	H#
Finals				
1	Bhattacharjee, Uma	12.19	-0.1	3
2	Manneh, Christine	12.34	-1.8	1
3	Nelson, Makayla	12.35	-0.1	3
4	Fisher, Michaelyn	12.42	-0.2	6
5	Lee, Kayla	12.43	-1.0	2
6	Jones, Jacqueline	12.45	-1.8	1
7	Rolack, Christal	12.48	1.2	4
8	Dorval, Tamara	12.49	-1.8	1
9	James, Anijah	12.57	-0.2	6
10	Sampson, Sophia	12.58	-1.8	1
11	McDonald, Amber	12.59	-1.0	2
12	Molin, Jianna	12.64	-1.8	1
13	Rolle, Jacquelyn	12.66	-1.8	1
14	Werts, Jayla	12.66	1.2	4
15	Nwosu, Juline	12.68	-0.1	3
16	Bangit, Lorelei	12.69	-1.8	1
17	Schmieder, Shannon	12.73	-1.0	2
18	Lloyd, Sianna	12.77	-0.2	6
19	Cahill, Alexandra	12.78	-1.9	5
20	Muse, J'Miaya	12.79	-1.9	5
21	Thacker, Ciera	12.80	-1.0	2
22	Clipper, Kortnev	12.84	-0.1	3
23	Franklin, Jessica	12.84	-1.0	2
24	Banks, Kanaan	12.84	-0.1	3
25	Fallona, Caroline	12.85	-0.1	3
26	Miller, Breshauna	12.90	-0.2	6
27	Chlorou, Ileana	12.96	1.2	4
28	Chance, Reyani	13.00	-0.2	6
29	Moye, Leah	13.02	-0.1	3
30	Dapont, Alyssa	13.03	-1.9	5
31	Porter, Taylor	13.04	-0.2	6
32	Beatty, Sela	13.11	-1.8	1
33	Schumacher, Sarah	13.11	1.2	4
34	Lothian, Abigail	13.13	-1.0	2
35	Hutchinson, Melanie	13.13	1.2	4
36	Samuels, Taylor	13.14	-1.0	2
37	Smith, Trinity	13.17	-1.0	2
38	Nielsen, Makenzy	13.25	-2.4	7
39	Cray, Amber	13.31	-1.9	5
40	Giampietro, Felicity	13.43	1.2	4
41	Burns, Megan	13.45	1.2	4
42	Capani, Saranda	13.52	1.2	4

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Finals ... (Event 1 Women 100 Meter Dash)**

	Name	School	Finals	Wind	H#
43	Siracusa, Nicolina	Wagner	13.52	-1.9	5
44	Olukoya, Gabrielle	Virginia Union	13.59	-0.2	6
45	Taylor, Aliyah	Radford	13.62	-0.2	6
46	England, Noelle	Longwood	14.01	-1.9	5
47	Kovach, Ariel	Wagner	14.26	-2.4	7
48	Hawkins, Anayiah	Virginia Union	14.29	-2.4	7
49	Hoban, Aileen	Wagner	14.58	-1.9	5

Event 2 Men 100 Meter Dash

School: 10.29 R 1978 **John Christian**
Facility: 10.29 F 1978 **John Christian, VA State**
Meet: 10.49 M 3/26/2016 **Chris Royster, Unattached**
'24 D1 East: 10.25 & 2024 **D1 East Reg -Last-Mark-In**

	Name	School	Finals	Wind	H#
Finals					
1	Mathis, Amari	Marist	10.73	0.6	1
2	Desir, Awls Odin	Hagerstown CC	10.91	0.6	1
3	Gibson, Anthony	George Mason	10.94	0.6	1
4	Faldetta, Jack	Buffalo	10.97	0.6	1
5	Brown, Jeremiah	Virginia Union	10.99	-1.5	4
6	Galang, James	Catholic	11.04	0.6	1
7	Omari-Anim, Jason	American	11.09	0.6	1
8	Adisa, David	Virginia Union	11.18	-2.6	3
9	Person, Daniel	Virginia Union	11.18	-1.5	4
10	Lopez, Sebastian	Catholic	11.24	0.6	1
11	Hayletts, Xavier	Fdu	11.25	-2.4	2
12	Wilson Jr., Darryl	Virginia Union	11.28	-1.5	4
13	Blake, Deontae	Hagerstown CC	11.35	-2.4	2
14	Steele, Elijah	Virginia Union	11.37	-3.1	5
15	Mellinger, Sam	Buffalo	11.37	-2.4	2
16	Williams, Brandon	American	11.40	-3.1	5
17	Carter, Cullen	Longwood	11.42	-2.4	2
18	Goode, Justin	Longwood	11.49	-2.6	3
19	Kynard, Colby	Richard Bland	11.52	-1.5	4
20	Ross, Kaiden	Vcu	11.55	-2.4	2
21	Indelicato, Marco	Catholic	11.61	-2.6	3
22	Long, Kaleb	Hagerstown CC	11.82	-2.4	2
23	Carroll, William	Marist	11.97	-3.1	5
24	Osai, Chilowe	Catholic	11.99	-2.4	2
25	Wason, Khalil	Wagner	12.09	-2.6	3
26	Abdelaziz, Omar	Wagner	12.17	-1.5	4
27	Menechino, Matthew	Wagner	12.35	-1.5	4
28	Richardson Keys, Zion	Richard Bland	13.82	-2.6	3
---	Carter, Jabril	Fordham	FS	-2.4	2

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Event 3 Women 200 Meter Dash**

School:	23.50 R 2006	Jessica Young
Facility:	23.53 F 2005	Francena McCorory, Bethel
Meet:	23.65 M 2019	Anna Jefferson, Virginia Sta
ECAC:	24.74 E	
'24 D1 East:	23.50 & 2024	D1 East Reg -Last-Mark-In

Name	School	Finals	Wind	H#
Finals				
1 Cummings, Gabrielle	Richmond	24.83	-0.1	1
2 van der Westhuizen, Elke	Richmond	25.06	-0.1	1
3 Bangit, Lorelei	American	25.07	-0.1	1
4 Sampson, Sophia	Buffalo	25.09	-0.1	1
5 Pate, Jaylin	Vcu	25.24	-0.1	1
6 Clayton, Blaiklyn	Richmond	25.26	-0.1	1
7 Clark, Zoe	American	25.37	-1.3	2
8 Werts, Jayla	Richard Bland	25.37	-0.1	1
9 Elliott, Morgan	Richmond	25.64	-1.3	2
10 Schmieder, Shannon	Buffalo	25.66	-1.3	2
11 Martinez, Hailey	Buffalo	25.70	-1.3	2
12 Mims, Morgan	Delaware	25.71	-2.2	4
13 Lavelle, Nina	Richmond	25.76	-1.3	2
14 Williams, Alexandra	Fordham	25.76	-3.0	3
15 Thacker, Ciera	American	25.96	-1.3	2
16 Muse, J'Miaya	Richard Bland	25.97	-3.0	3
17 Miller, Breshauna	Richard Bland	26.02	-2.0	5
18 Pryce, Stephney	Buffalo	26.05	-2.2	4
19 Manneh, Christine	Wagner	26.09	-1.3	2
20 Dorval, Tamara	American	26.13	-1.0	6
21 Molin, Jianna	Delaware	26.16	-2.2	4
22 Oyatayo, Dami	George Washington	26.16	-3.0	3
23 Mikusova, Darya	Richmond	26.20	-2.2	4
24 Lee, Kayla	Virginia Union	26.28	-1.3	2
25 Rolack, Christal	Virginia Union	26.29	-3.2	7
26 Banks, Mackenzie	George Mason	26.36	-2.2	4
27 Clark, Olivia	George Washington	26.38	-3.0	3
28 Patterson, Janee'	Wagner	26.41	-3.0	3
29 Gin, Lara	American	26.52	-2.0	5
30 Schwaner, Aurora	William & Mary	26.54	-2.0	5
31 Holness, Kamryn	George Washington	26.61	-2.0	5
32 Lloyd, Sianna	Fdu	26.69	-2.2	4
33 Whidbee, Cameron	Richmond	26.69	-2.1	8
34 Franklin, Jessica	Hagerstown CC	26.71	-3.0	3
35 Arevalo, Liliana	Longwood	26.74	-1.0	6
36 Howard, Clare	William & Mary	26.84	-1.0	6
37 Dundas, Stephanie	George Mason	26.91	-3.0	3
38 McDonald, Amber	Buffalo	26.95	-2.0	5
39 Jenkins, Mayson	Longwood	26.99	0.6	10
40 Gilmore, Jamison	William & Mary	26.99	-2.2	4
41 Barnes, Rhea	Virginia Union	27.02	-2.1	8
42 McNamara, Breeelyn	Marist	27.06	-3.2	7

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Finals ... (Event 3 Women 200 Meter Dash)**

Name	School	Finals	Wind	H#
43 Neureuther, Linnea	Buffalo	27.07	-1.0	6
44 Samuels, Taylor	Longwood	27.11	-2.0	5
45 Glidden, Avery	William & Mary	27.12	-3.0	3
46 DeRouen, Yakira	Fdu	27.19	-1.4	9
47 Priest, Rylan	George Washington	27.20	-2.2	4
48 Nwosu, Juline	Fdu	27.27	-1.4	9
49 Ruvo, Leia	Fordham	27.29	-3.2	7
50 Dipaolo, Adeline	American	27.33	0.6	10
51 Iseman, Caroline	William & Mary	27.34	-1.0	6
52 Dapont, Alyssa	Marist	27.39	-3.2	7
53 Hutchinson, Melanie	William & Mary	27.39	-1.4	9
54 Perry, Krista	Buffalo	27.41	-2.0	5
55 Schumacher, Sarah	Catholic	27.41	-3.2	7
56 Jean-Baptiste, Vegonia	Fdu	27.45	-2.1	8
57 Clipper, Kortney	Catholic	27.46	-1.0	6
58 Cray, Amber	Delaware	27.55	-3.2	7
59 Hatcher, Jada	Richard Bland	27.65	-1.4	9
60 Brantley, Evelyn	William & Mary	27.69	-2.1	8
61 Florio, Nina	Marist	27.71	0.6	10
62 Porter, Taylor	Virginia Union	27.73	-2.6	11
63 Cristinzio, Julie	Marist	28.03	-1.4	9
64 Giampietro, Felicity	Catholic	28.04	-2.1	8
65 Smith, Trinity	Longwood	28.10	-2.0	5
66 Olukoya, Gabrielle	Virginia Union	28.26	0.6	10
67 Zanca, Jocelyn	Longwood	28.54	0.6	10
68 Harkins, Ellie	Fordham	28.81	-2.1	8
69 Kovach, Ariel	Wagner	29.44	-2.6	11
70 Hawkins, Anayah	Virginia Union	31.47	0.6	10
71 Sayago, Angelina	Wagner	32.62	-2.6	11

Event 4 Men 200 Meter Dash

School:	21.20 R 1965	Robert Crute
Facility:	21.09 F 1980	Manny Rosenthal, Israel
Meet:	21.33 M 3/29/2014	Charles Robinson, Virginia Sta
'24 D1 East:	20.80 & 2024	D1 East Reg -Last-Mark-In

Name	School	Finals	Wind	H#
Finals				
1 Abdul Latif, Njamineh	Fordham	21.53	-1.6	1
2 Wiggins, Zalen	Richard Bland	21.86	-1.1	2
3 Mathis, Amari	Marist	21.94	-1.1	2
4 Tucker, Mychael	Virginia Union	22.03	-1.6	1
5 Desir, Awls Odin	Hagerstown CC	22.05	-1.6	1
6 Tatis, Julio	Wagner	22.06	-1.1	2
7 Blake, Deontae	Hagerstown CC	22.13	-1.1	2
8 Adisa, David	Virginia Union	22.18	-2.5	4
9 Brown, Jeremiah	Virginia Union	22.22	-2.5	4
10 Carter, Jabril	Fordham	22.36	-0.3	3
11 Seekford, David	William & Mary	22.38	-2.5	4
12 Singh, Arjanvir	Wagner	22.38	-0.3	3

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Finals ... (Event 4 Men 200 Meter Dash)**

	Name	School	Finals	Wind	H#
13	Williams, Brandon	American	22.44	-1.6	1
14	Carter, Cullen	Longwood	22.44	-2.5	4
15	Strain, Dakota	Fordham	22.47	-1.1	2
16	McCoy, Austin	Hagerstown CC	22.49	-1.6	1
17	Volz, Liam	Fordham	22.52	-1.6	1
18	Koontz, Lance	George Mason	22.58	-2.5	4
19	Stewart, Ayden	Longwood	22.61	-0.3	3
20	Kynard, Colby	Richard Bland	22.61	-1.1	2
21	Person, Daniel	Virginia Union	22.65	-1.6	5
22	Hayletts, Xavier	Fdu	22.72	-1.1	2
23	Trocolar, Ryan	Marist	22.78	-1.6	5
24	Tuck, Jordan	George Mason	22.81	-0.3	3
25	Lopez, Sebastian	Catholic	22.96	-0.3	3
26	Snead, Christopher	Hagerstown CC	22.99	-2.5	4
27	Ross, Kaiden	Vcu	23.00	-2.5	4
28	Goode, Justin	Longwood	23.15	-1.6	5
29	Slappy, Braylon	Richard Bland	23.18	-0.9	6
30	Washington, Nyeem	Richard Bland	23.20	-0.9	6
31	Morales, Mason	George Mason	23.24	-0.9	6
32	Lewis, Malcolm	American	23.26	-1.6	5
33	Indelicato, Marco	Catholic	23.33	-0.9	6
34	Omari-Anim, Jason	American	23.37	-1.1	2
35	Jones, Kristoffer	Richard Bland	23.45	0.4	8
36	Bolton, Michael	Richard Bland	23.46	-3.5	7
37	Long, Kaleb	Hagerstown CC	23.76	-1.6	5
38	Matthews, Colin	Catholic	24.21	-3.5	7
39	Advento, Simon	Marist	24.25	-3.5	7
40	Scheider, Nathan	Hagerstown CC	24.35	-0.9	6
41	Khang, Toby	American	24.56	-3.5	7
42	Childs, Jacob	Longwood	24.58	-3.5	7
43	Carroll, William	Marist	24.77	-3.5	7
44	Wason, Khalil	Wagner	24.78	-0.9	6
45	Macklin, Logan	Longwood	25.16	-3.5	7
---	Trammel, Furious	Hagerstown CC	DNF	-1.6	1
---	Johnson, Blake	George Washington	DNF	0.4	8

Event 5 Women 400 Meter Dash

School: 52.47 R 2007 Jessica Young
Facility: 51.74 F 3/30/2013 Francena McCorory, Adidas
Meet: 51.74 M 3/30/2013 Francena McCorory, Adidas
ECAC: 56.44 E
'24 D1 East: 53.78 & 2024 D1 East Reg -Last-Mark-In

	Name	School	Finals	H#
Finals				
1	Beringer, Ginny	Richmond	55.14 E	1
2	Cummings, Gabrielle	Richmond	56.22 E	1
3	Flanagan, Molly	Richmond	57.12	1
4	Werts, Jayla	Richard Bland	57.34	2
5	Oyatayo, Dami	George Washington	57.52	2

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Finals ... (Event 5 Women 400 Meter Dash)**

	Name	School	Finals	H#
6	Williams, Alexandra	Fordham	57.65	1
7	Whidbee, Cameron	Richmond	57.81	2
8	Evans, Jordyn	Vcu	58.03	2
9	Martinez, Hailey	Buffalo	58.14	3
10	Clayton, Blaiklyn	Richmond	58.33	1
11	Buback, Kayla	Richmond	58.35	3
12	Pryce, Stephney	Buffalo	58.42	3
13	Lyons, Morgan	Richmond	58.55	3
14	Fernandez, June	Wagner	58.57	1
15	Jones, Kyndal	Vcu	58.74	3
16	Niles, Danae	Radford	58.98	2
17	Patterson, Janee'	Wagner	59.17	1
18	Gilmore, Jamison	William & Mary	59.40	3
19	Priest, Rylan	George Washington	1:00.03	2
20	Arevalo, Liliana	Longwood	1:00.06	4
21	Middlebrooks, Toni	Virginia Union	1:00.11	2
22	Jenkins, Mayson	Longwood	1:00.41	5
23	Clark, Olivia	George Washington	1:00.62	2
24	Grassi, Alexa	Catholic	1:01.10	5
25	Jean-Baptiste, Vegoia	Fdu	1:01.15	4
26	Bruce, Aylin	Richmond	1:01.29	4
27	McNamara, Breelyn	Marist	1:01.31	4
28	Folk, Nya	William & Mary	1:01.48	5
29	Barnes, Rhea	Virginia Union	1:02.30	5
30	Barba, Rachel	Vermont	1:02.32	3
31	Cooper, Shyla	Richard Bland	1:02.78	6
32	Cristinzio, Julie	Marist	1:02.92	5
33	Randell, Nia	Virginia Union	1:03.37	4
34	Harkins, Ellie	Fordham	1:04.04	5
35	Fort, Nykia	Virginia Union	1:04.65	6
36	Brown, Zoey	Catholic	1:05.53	4
37	Blount, Nyjeria	Virginia Union	1:07.16	6
38	Farrey, Kimmy	Longwood	1:07.87	6
39	Dilliard, Alexis	Virginia Union	1:11.51	6
---	Massoud, Alexia	George Washington	DQ	5

Event 6 Men 400 Meter Dash

School:	46.70 R 1982	Edwin Koech
Facility:	46.69 F 1977	Keith Brown, USA Jr. Team
Meet:	47.47 M 2019	Aaron Arp, Shippensburg
'24 D1 East:	46.78 & 2024	D1 East Reg -Last-Mark-In

	Name	School	Finals	H#
Finals				
1	Tucker, Mychael	Virginia Union	47.94	1
2	Trammel, Furious	Hagerstown CC	48.08	1
3	McCoy, Austin	Hagerstown CC	48.36	1
4	Freeman, Sam	Fordham	48.47	1
5	Burke, Chase	Virginia Union	48.52	2
6	Singh, Arjanvir	Wagner	48.97	2

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Finals ... (Event 6 Men 400 Meter Dash)**

	Name	School	Finals	H#
7	Callaghan, Kevin	Fordham	49.07	1
8	Eberwein, Easton	Marist	49.16	1
9	Lindsay, Nelson	Fordham	49.23	1
10	Gresham, Joshua	Fdu	49.40	2
11	Stewart, Ayden	Longwood	49.53	2
12	Nurse, Matthew	Fordham	49.88	1
13	Keegan, Shawn	Wagner	50.07	2
14	Kynard, Colby	Richard Bland	50.50	3
15	Paige, Zmere	Virginia Union	50.51	3
16	Slappy, Braylon	Richard Bland	50.70	3
17	Bolton, Michael	Richard Bland	51.05	4
18	Wise, Tyler	Fdu	51.16	3
19	Richardson Keys, Zion	Richard Bland	51.37	4
20	Carman, Jonathan	Wagner	51.99	4
21	Minor, Braylen	Richard Bland	52.05	5
22	LaBrecque, Weston	Marist	52.59	3
23	Randolph, Romell	Catholic	52.87	4
24	Matthews, Colin	Catholic	53.11	4
25	Washington, Nyeem	Richard Bland	53.23	5
26	Snead, Christopher	Hagerstown CC	54.01	5
27	Garrett, Owen	American	54.38	5
28	Scheider, Nathan	Hagerstown CC	54.50	5
29	Walsh, Brian	William & Mary	54.50	4
30	Sierra, Josiah	Marist	55.58	5
31	Akinola, David	Wagner	55.62	5
32	Albers, Gabriel	William & Mary	56.39	3
---	Cassell, Jaeden	Vcu	DNF	2
---	Stypul, Gabe	Catholic	DQ	3

Event 7 Women 800 Meter Run**School: 2:02.73 R 2021****Facility: 2:07.38 F 2005****Meet: 2:07.91 M 2019****ECAC: 2:11.94 E****'24 D1 East: 2:06.31 & 2024****Brooke Fazio****Sarah Bowman, Fauquier****Brooke Fazio, Richmond****D1 East Reg -Last-Mark-In**

	Name	School	Finals	H#
Finals				
1	Holland, Kyra 1:05.748 (1:05.748) 2:12.037 (1:06.289)	William & Mary	2:12.04	1
2	Miller, Dylan 1:04.308 (1:04.308) 2:12.073 (1:07.765)	Richmond	2:12.08	1
3	Bolesh, Ashley 1:04.704 (1:04.704) 2:12.648 (1:07.944)	Richmond	2:12.65	1
4	Farley, Sophie 1:04.832 (1:04.832) 2:13.048 (1:08.217)	Longwood	2:13.05	1
5	Leath, Lauren 1:05.022 (1:05.022) 2:13.127 (1:08.105)	Delaware	2:13.13	1
6	Comerford, Giavanna 1:05.637 (1:05.637) 2:15.037 (1:09.400)	Wagner	2:15.04	3

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Finals ... (Event 7 Women 800 Meter Run)**

	Name	School	Finals	H#
7	Muniz, Hallie 1:05.957 (1:05.957) 2:15.643 (1:09.687)	Richmond	2:15.65	3
8	Sutterfield, Kelly Ann 1:07.767 (1:07.767) 2:15.684 (1:07.918)	William & Mary	2:15.69	2
9	Tsai, Jennifer 1:07.163 (1:07.163) 2:15.727 (1:08.564)	William & Mary	2:15.73	3
10	Wallis, Lydia 1:07.693 (1:07.693) 2:15.979 (1:08.287)	William & Mary	2:15.98	2
11	Reif, Brooke 1:06.574 (1:06.574) 2:16.953 (1:10.379)	Richmond	2:16.96	3
12	Miller, Chloe 1:07.607 (1:07.607) 2:17.283 (1:09.677)	William & Mary	2:17.29	5
13	Clear, Leah 1:08.357 (1:08.357) 2:17.366 (1:09.009)	Delaware	2:17.37	2
14	McSweeney, Anne 1:06.166 (1:06.166) 2:17.556 (1:11.390)	William & Mary	2:17.56	3
15	Hamrick, Jeylah 1:08.777 (1:08.777) 2:17.667 (1:08.890)	Radford	2:17.67	2
16	Garrison, Catherine 1:07.309 (1:07.309) 2:17.974 (1:10.665)	William & Mary	2:17.98	4
17	Colflesh, Lindsay 1:04.349 (1:04.349) 2:18.069 (1:13.720)	Richmond	2:18.07	1
18	Blanck, Jordan 1:08.251 (1:08.251) 2:18.605 (1:10.354)	Delaware	2:18.61	4
19	McCann, Megan 1:08.493 (1:08.493) 2:18.958 (1:10.465)	Fordham	2:18.96	4
20	Mazumder, Rita 1:08.832 (1:08.832) 2:19.006 (1:10.174)	George Washington	2:19.01	5
21	O'Brien, Parker 1:07.266 (1:07.266) 2:19.019 (1:11.754)	Marist	2:19.02	3
22	Mirabile, Julianna 1:09.155 (1:09.155) 2:19.329 (1:10.174)	Marist	2:19.33	6
23	Raimy, Lauren 1:08.201 (1:08.201) 2:19.539 (1:11.338)	Fordham	2:19.54	4
24	Sears, Brenna 1:08.086 (1:08.086) 2:19.787 (1:11.702)	Fordham	2:19.79	2
25	Elchenko, Brenna 1:08.268 (1:08.268) 2:20.231 (1:11.963)	George Mason	2:20.24	5
26	Gotzman, Meredith 1:08.037 (1:08.037) 2:20.513 (1:12.477)	Fordham	2:20.52	5
27	Mahoney, Hadley 1:09.370 (1:09.370) 2:20.667 (1:11.297)	George Washington	2:20.67	6
28	Dinneen, Lola 1:09.297 (1:09.297) 2:20.683 (1:11.387)	George Washington	2:20.69	7
29	Lane, Abby 1:08.609 (1:08.609) 2:20.832 (1:12.223)	William & Mary	2:20.84	7
30	Anderson, Madelyn 1:07.720 (1:07.720) 2:21.034 (1:13.314)	Vcu	2:21.04	4
31	Colflesh, Allison 1:04.737 (1:04.737) 2:21.356 (1:16.619)	Richmond	2:21.36	1
32	Keefe, Kathleen 1:08.521 (1:08.521) 2:21.703 (1:13.183)	Fordham	2:21.71	5
33	Dailey, Marissa 1:08.317 (1:08.317) 2:22.391 (1:14.074)	Delaware	2:22.40	3

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Finals ... (Event 7 Women 800 Meter Run)**

	Name	School	Finals	H#
34	Hieber, Shannon 1:08.485 (1:08.485) 2:22.642 (1:14.158)	George Washington	2:22.65	5
35	Thomas, Lauren 1:08.715 (1:08.715) 2:23.205 (1:14.490)	Delaware	2:23.21	5
36	Bohan, Claire 1:10.228 (1:10.228) 2:23.524 (1:13.297)	George Washington	2:23.53	7
37	Kenny, Deirdre 1:09.002 (1:09.002) 2:23.828 (1:14.827)	George Washington	2:23.83	7
38	Yang, Sidney 1:10.573 (1:10.573) 2:23.999 (1:13.427)	Vcu	2:24.00	8
39	Dziubela, Victoria 1:07.882 (1:07.882) 2:24.047 (1:16.165)	Wagner	2:24.05	5
40	Carroll, Jayanna 1:08.630 (1:08.630) 2:24.964 (1:16.334)	Vcu	2:24.97	4
41	LoVuolo, Ava 1:11.656 (1:11.656) 2:25.807 (1:14.151)	Richmond	2:25.81	6
42	Cornelius, Raichelle 1:08.567 (1:08.567) 2:25.889 (1:17.323)	Radford	2:25.89	2
43	Bolen, Samantha 1:10.538 (1:10.538) 2:27.148 (1:16.610)	Longwood	2:27.15	7
44	Re, Nicole 1:10.450 (1:10.450) 2:27.560 (1:17.110)	Delaware	2:27.56	4
45	Shanes, Julia 1:12.567 (1:12.567) 2:27.590 (1:15.024)	George Washington	2:27.59	7
46	Smith, Alexis 1:09.984 (1:09.984) 2:27.838 (1:17.854)	Fordham	2:27.84	7
47	Meeks, Kate 1:12.497 (1:12.497) 2:29.187 (1:16.690)	Fordham	2:29.19	6
48	Grogg, Lanie 1:12.697 (1:12.697) 2:29.418 (1:16.721)	Longwood	2:29.42	6
49	Lountchenko, Sonia 1:10.384 (1:10.384) 2:29.619 (1:19.235)	George Washington	2:29.62	8
50	Oliva, Sophia 1:12.297 (1:12.297) 2:30.703 (1:18.406)	Fordham	2:30.71	6
51	Middlebrooks, Toni 1:12.716 (1:12.716) 2:32.406 (1:19.690)	Virginia Union	2:32.41	8
52	Kenny, Grace 1:13.684 (1:13.684) 2:32.816 (1:19.132)	Fordham	2:32.82	8
53	Michel, Isabel 1:17.826 (1:17.826) 2:33.341 (1:15.515)	Fdu	2:33.35	9
54	Krishnamurthy, Shreya 1:16.411 (1:16.411) 2:34.883 (1:18.473)	Vcu	2:34.89	8
55	Puckett, Hannah 1:10.496 (1:10.496) 2:36.459 (1:25.963)	American	2:36.46	6
56	Johnson, Jailyn 1:12.326 (1:12.326) 2:36.828 (1:24.503)	Virginia Union	2:36.83	8
57	Okafor, Angel 1:07.152 (1:07.152) 2:37.743 (1:30.591)	Wagner	2:37.75	6
58	Moloney, Helen 1:15.883 (1:15.883) 2:37.998 (1:22.115)	Fordham	2:38.00	9
59	Cardona, Gabriela 1:14.667 (1:14.667) 2:38.566 (1:23.899)	Fdu	2:38.57	8
60	Simmons, Rachel 1:16.586 (1:16.586) 2:48.971 (1:32.385)	Longwood	2:48.98	9

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Finals ... (Event 7 Women 800 Meter Run)**

	Name	School	Finals	H#
61	Crawford, Arial 1:25.451 (1:25.451) 2:53.354 (1:27.904)	Hagerstown CC	2:53.36	9
62	Beasley, Isabella 1:19.957 (1:19.957) 2:54.161 (1:34.204)	Longwood	2:54.17	9
---	Flanagan, Molly 1:05.438 (1:05.438)	Richmond	DNF	3
---	Lyons, Morgan 1:04.057 (1:04.057)	Richmond	DNF	1
---	DeSousa, Kayla	George Washington	DNF	7

Event 8 Men 800 Meter Run

School: 1:46.10 R 1984 Edwin Koech
Facility: 1:47.29 F 1982 Edwin Koech, Richmond
Meet: 1:48.14 M 3/31/2012 Felix Kitur, Va. Military
'24 D1 East: 1:48.47 & 2024 D1 East Reg -Last-Mark-In

	Name	School	Finals	H#
Finals				
1	Groat, Cooper 54.340 (54.340) 1:51.130 (56.790)	Unattached	1:51.13	1
2	McClain, Paul 53.767 (53.767) 1:51.240 (57.473)	Unattached	1:51.24	1
3	Norris, Aidan 56.253 (56.253) 1:53.212 (56.959)	Buffalo	1:53.22	2
4	Rodgers, Nic 56.441 (56.441) 1:53.634 (57.194)	George Washington	1:53.64	2
5	Sanchez, Rodolfo 55.662 (55.662) 1:53.876 (58.214)	Fordham	1:53.88	1
6	Bezuneh, Nathaniel 55.142 (55.142) 1:54.768 (59.627)	Fordham	1:54.77	1
7	Abdu, Nadim 56.027 (56.027) 1:55.797 (59.770)	George Mason	1:55.80	2
8	Smith, Chris 58.677 (58.677) 1:56.274 (57.598)	Longwood	1:56.28	3
9	Schwabik, Liam 58.591 (58.591) 1:56.412 (57.822)	Fdu	1:56.42	3
10	Zerbe, Zack 55.428 (55.428) 1:56.565 (1:01.137)	American	1:56.57	1
11	Corrigan, John 55.985 (55.985) 1:56.680 (1:00.695)	Fordham	1:56.68	1
12	McMahon, Nathanael 59.643 (59.643) 1:56.769 (57.127)	George Mason	1:56.77	3
13	Burke, Chase 58.523 (58.523) 1:57.175 (58.653)	Virginia Union	1:57.18	6
14	Sherry, Kevin 58.394 (58.394) 1:57.234 (58.840)	Buffalo	1:57.24	3
15	Henkel, Luke 56.614 (56.614) 1:57.389 (1:00.775)	William & Mary	1:57.39	2
16	Walsh, Collin 58.197 (58.197) 1:57.401 (59.204)	William & Mary	1:57.41	3
17	Sokoll, Johnny 57.981 (57.981) 1:57.509 (59.528)	Wagner	1:57.51	4
18	Rooney, Matt 58.496 (58.496) 1:57.635 (59.139)	George Washington	1:57.64	6

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Finals ... (Event 8 Men 800 Meter Run)**

	Name		School	Finals	H#
19	McCue, Cole		George Washington	1:58.80	5
	58.619 (58.619)	1:58.794 (1:00.175)			
20	Martin, Joshua		Longwood	1:58.98	4
	58.572 (58.572)	1:58.977 (1:00.405)			
21	Bauman, Anan		Fordham	1:58.98	6
	58.831 (58.831)	1:58.979 (1:00.148)			
22	Hymans, Caleb		George Mason	1:59.70	2
	57.184 (57.184)	1:59.692 (1:02.508)			
23	Tietz, Davin		Vcu	1:59.73	5
	58.358 (58.358)	1:59.726 (1:01.368)			
24	Lawson, Julian		Vcu	1:59.74	5
	59.514 (59.514)	1:59.737 (1:00.223)			
25	McCabe, Andrew		George Washington	1:59.79	6
	58.703 (58.703)	1:59.784 (1:01.082)			
26	Rackley, Carson		William & Mary	2:00.01	8
	58.635 (58.635)	2:00.007 (1:01.373)			
27	Anderson, Henry		William & Mary	2:00.18	4
	58.904 (58.904)	2:00.172 (1:01.269)			
28	Gildea, Jimmy		George Washington	2:00.18	5
	59.756 (59.756)	2:00.178 (1:00.423)			
29	Thompson, Lucas		William & Mary	2:00.19	1
	55.283 (55.283)	2:00.183 (1:04.900)			
30	Penny, Justin		George Mason	2:00.20	3
	58.996 (58.996)	2:00.193 (1:01.198)			
31	Stewart, Marcel		Marist	2:00.31	6
	58.234 (58.234)	2:00.309 (1:02.075)			
32	Croke, Darren		Fordham	2:00.42	3
	59.037 (59.037)	2:00.418 (1:01.382)			
33	Danquah, Papakojo		American	2:00.48	4
	56.797 (56.797)	2:00.476 (1:03.679)			
34	Spierdowis, Will		Fordham	2:01.27	5
	59.214 (59.214)	2:01.266 (1:02.052)			
35	Hill, Darren		Virginia Union	2:01.68	6
	58.038 (58.038)	2:01.676 (1:03.639)			
36	Anderson, Jacob		Marist	2:01.72	4
	58.382 (58.382)	2:01.712 (1:03.330)			
37	Crandell, Tyson		George Washington	2:01.92	5
	58.964 (58.964)	2:01.916 (1:02.952)			
38	Kaukas-Quinn, Wesley		George Washington	2:02.15	5
	1:00.477 (1:00.477)	2:02.148 (1:01.672)			
39	Lockhart, Jaiden		Vcu	2:02.15	2
	57.201 (57.201)	2:02.149 (1:04.949)			
40	Kapustka, Pierce		George Washington	2:02.20	3
	59.463 (59.463)	2:02.199 (1:02.737)			
41	Smith, Carter		Vcu	2:02.25	4
	58.690 (58.690)	2:02.242 (1:03.553)			
42	Szczepanski, Sam		Fdu	2:02.73	8
	57.776 (57.776)	2:02.727 (1:04.952)			
43	Rohde, Lucas		Fordham	2:02.91	4
	58.492 (58.492)	2:02.901 (1:04.409)			
44	Dawson, Cole		Vcu	2:03.31	5
	59.917 (59.917)	2:03.307 (1:03.390)			
45	Frayler, Jake		Fordham	2:03.47	6
	58.714 (58.714)	2:03.461 (1:04.748)			

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Finals ... (Event 8 Men 800 Meter Run)**

	Name	School	Finals	H#
46	Mcgee, Elijah 59.813 (59.813) 2:04.212 (1:04.399)	Longwood	2:04.22	7
47	Williams, Connor 1:01.958 (1:01.958) 2:04.302 (1:02.344)	Longwood	2:04.31	7
48	Chambers, Cory 59.370 (59.370) 2:07.361 (1:07.992)	George Washington	2:07.37	6
49	Duarte, Daniel 1:01.404 (1:01.404) 2:07.474 (1:06.070)	Longwood	2:07.48	7
50	Waring, Shane 1:01.167 (1:01.167) 2:08.840 (1:07.673)	Catholic	2:08.84	8
51	Clancy, Clinton 1:03.008 (1:03.008) 2:09.131 (1:06.123)	Longwood	2:09.14	7
52	Valor, Ezekiel 1:02.509 (1:02.509) 2:10.242 (1:07.734)	Hagerstown CC	2:10.25	8
53	Reid, Christian 1:01.983 (1:01.983) 2:11.912 (1:09.929)	Longwood	2:11.92	7
54	Baker, Anderson 1:03.031 (1:03.031) 2:14.244 (1:11.214)	Fordham	2:14.25	7
55	Isme, Cameron 1:02.962 (1:02.962) 2:18.255 (1:15.293)	Virginia Union	2:18.26	8
---	Lombardo, Alex 55.485 (55.485)	George Mason	DNF	1

Event 9 Women 1500 Meter Run

School: 4:15.80 R 2024 Elizabeth Stockman
Facility: 4:22.70 F 3/30/2012 Rena Chesser, Unattached
Meet: 4:22.70 M 3/30/2012 Rena Chesser, Unattached
ECAC: 4:34.34 E

'24 D1 East: 4:20.41 & 2024 D1 East Reg -Last-Mark-In

	Name	School	Finals	H#
Finals				
1	Mitchell, Sarah 54.693 (54.693) 2:08.746 (1:14.054)	George Washington	4:28.86 E	1
2	DeBoer, Arianna 54.573 (54.573) 2:08.129 (1:13.557)	William & Mary	4:30.12 E	1
3	Reif, Brooke 54.365 (54.365) 2:08.410 (1:14.045)	Richmond	4:30.45 E	1
4	Comerford, Giavanna 54.770 (54.770) 2:08.731 (1:13.962)	Wagner	4:30.82 E	1
5	Sutterfield, Kelly Ann 54.940 (54.940) 2:09.006 (1:14.067)	William & Mary	4:31.36 E	1
6	Farley, Sophie 53.759 (53.759) 2:08.834 (1:15.075)	Longwood	4:33.43 E	3
7	Rubio, Phoebe 55.069 (55.069) 2:08.988 (1:13.919)	Richmond	4:34.12 E	1
8	Clear, Leah 55.104 (55.104) 2:09.651 (1:14.548)	Delaware	4:35.92	1
9	Muniz, Hallie 54.429 (54.429) 2:08.514 (1:14.085)	Richmond	4:36.77	1
10	Weithman, Molly 53.015 (53.015) 2:07.462 (1:14.447)	William & Mary	4:37.22	3
11	Trenado, Laura 55.208 (55.208) 2:09.795 (1:14.588)	Wagner	4:37.86	1

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Finals ... (Event 9 Women 1500 Meter Run)**

	Name		School		Finals	H#
12	Fenn, Mollie		Richmond		4:37.96	2
	55.639 (55.639)	2:11.093 (1:15.454)	3:25.883 (1:14.790)	4:37.958 (1:12.075)		
13	Cassidy, Bronagh		Buffalo		4:38.99	2
	55.991 (55.991)	2:12.239 (1:16.249)	3:27.614 (1:15.375)	4:38.983 (1:11.369)		
14	Tsai, Jennifer		William & Mary		4:39.52	2
	55.693 (55.693)	2:10.553 (1:14.860)	3:25.199 (1:14.647)	4:39.517 (1:14.318)		
15	Dumas, Kadence		Delaware		4:39.95	2
	55.463 (55.463)	2:11.574 (1:16.112)	3:27.781 (1:16.207)	4:39.947 (1:12.167)		
16	Newton, Allison		Buffalo		4:40.04	2
	56.247 (56.247)	2:12.493 (1:16.247)	3:28.217 (1:15.724)	4:40.033 (1:11.817)		
17	Mahoney, Hadley		George Washington		4:41.16	2
	55.654 (55.654)	2:11.898 (1:16.244)	3:27.291 (1:15.393)	4:41.151 (1:13.860)		
18	Gotzman, Meredith		Fordham		4:42.77	2
	55.231 (55.231)	2:10.787 (1:15.557)	3:26.616 (1:15.829)	4:42.768 (1:16.153)		
19	Dailey, Marissa		Delaware		4:43.20	1
	55.484 (55.484)	2:11.321 (1:15.838)	3:28.474 (1:17.153)	4:43.193 (1:14.719)		
20	Calvo, Magui		Wagner		4:43.59	3
	53.519 (53.519)	2:08.969 (1:15.450)	3:24.942 (1:15.973)	4:43.582 (1:18.640)		
21	O'Brien, Parker		Marist		4:44.04	2
	55.888 (55.888)	2:11.682 (1:15.794)	3:27.486 (1:15.804)	4:44.036 (1:16.550)		
22	Sears, Brenna		Fordham		4:45.21	3
	54.560 (54.560)	2:11.507 (1:16.947)	3:29.370 (1:17.864)	4:45.205 (1:15.835)		
23	McCann, Megan		Fordham		4:45.76	4
	56.416 (56.416)	2:13.610 (1:17.194)	3:32.602 (1:18.993)	4:45.756 (1:13.154)		
24	Sell, Emily		William & Mary		4:45.77	2
	56.038 (56.038)	2:12.308 (1:16.270)	3:29.484 (1:17.177)	4:45.767 (1:16.283)		
25	Re, Nicole		Delaware		4:46.12	3
	54.115 (54.115)	2:11.328 (1:17.213)	3:30.394 (1:19.067)	4:46.118 (1:15.724)		
26	Zahaykevich, Sarah		Fordham		4:46.19	3
	54.469 (54.469)	2:11.757 (1:17.288)	3:29.790 (1:18.034)	4:46.184 (1:16.394)		
27	Lane, Abby		William & Mary		4:46.62	3
	53.285 (53.285)	2:08.694 (1:15.409)	3:27.923 (1:19.229)	4:46.618 (1:18.695)		
28	Ferretti, Rylee		Wagner		4:46.66	4
	55.322 (55.322)	2:11.955 (1:16.633)	3:28.978 (1:17.024)	4:46.656 (1:17.678)		
29	Paolino, Mia		Richmond		4:47.30	4
	55.461 (55.461)	2:11.718 (1:16.258)	3:29.197 (1:17.479)	4:47.293 (1:18.097)		
30	Bolen, Samantha		Longwood		4:47.31	5
	56.525 (56.525)	2:15.260 (1:18.735)	3:33.645 (1:18.385)	4:47.306 (1:13.662)		
31	Ianello, Lucia		American		4:47.94	3
	54.135 (54.135)	2:12.318 (1:18.183)	3:32.313 (1:19.995)	4:47.939 (1:15.627)		
32	Bohan, Claire		George Washington		4:49.41	4
	55.757 (55.757)	2:12.762 (1:17.005)	3:32.505 (1:19.743)	4:49.407 (1:16.903)		
33	Dinneen, Lola		George Washington		4:49.67	2
	56.459 (56.459)	2:12.048 (1:15.589)	3:29.039 (1:16.992)	4:49.669 (1:20.630)		
34	Blaylock, Izzy		Richmond		4:50.05	3
	53.892 (53.892)	2:11.738 (1:17.847)	3:31.478 (1:19.740)	4:50.045 (1:18.568)		
35	Barba, Rachel		Vermont		4:50.85	4
	57.213 (57.213)	2:14.211 (1:16.998)	3:32.940 (1:18.729)	4:50.850 (1:17.910)		
36	Anderson, Madelyn		Vcu		4:51.09	3
	54.344 (54.344)	2:11.925 (1:17.582)	3:31.597 (1:19.672)	4:51.088 (1:19.492)		
37	Brettholtz, Sophie		Buffalo		4:51.55	5
	57.800 (57.800)	2:17.310 (1:19.510)	3:35.760 (1:18.450)	4:51.549 (1:15.789)		
38	LoVuolo, Ava		Richmond		4:51.57	5
	57.351 (57.351)	2:15.566 (1:18.215)	3:34.085 (1:18.519)	4:51.568 (1:17.483)		

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Finals ... (Event 9 Women 1500 Meter Run)**

	Name		School		Finals	H#
39	Ogawa, Amelia		George Washington		4:51.78	6
	56.125 (56.125)	2:16.992 (1:20.868)	3:37.906 (1:20.914)	4:51.773 (1:13.868)		
40	Smalley, Hannah		Delaware		4:52.71	6
	56.950 (56.950)	2:17.791 (1:20.842)	3:38.063 (1:20.273)	4:52.705 (1:14.642)		
41	Thomas, Lauren		Delaware		4:52.96	4
	57.103 (57.103)	2:16.197 (1:19.094)	3:36.040 (1:19.843)	4:52.955 (1:16.915)		
42	Olah, Angelina		Wagner		4:53.07	5
	57.734 (57.734)	2:16.970 (1:19.237)	3:35.720 (1:18.750)	4:53.069 (1:17.349)		
43	Oliva, Sophia		Fordham		4:53.25	4
	56.618 (56.618)	2:13.738 (1:17.120)	3:32.992 (1:19.254)	4:53.241 (1:20.249)		
44	Langbaum, Kara		American		4:53.32	4
	56.571 (56.571)	2:14.832 (1:18.262)	3:36.113 (1:21.282)	4:53.312 (1:17.199)		
45	Hawkins, Kayla		Marist		4:53.50	4
	56.942 (56.942)	2:16.768 (1:19.827)	3:36.788 (1:20.020)	4:53.493 (1:16.705)		
46	Riley, Kate		American		4:53.72	2
	56.108 (56.108)	2:11.398 (1:15.290)	3:27.753 (1:16.355)	4:53.711 (1:25.958)		
47	Blanco Duran, Ana		Wagner		4:54.89	4
	56.766 (56.766)	2:13.968 (1:17.203)	3:34.248 (1:20.280)	4:54.883 (1:20.635)		
48	Dziubela, Victoria		Wagner		4:55.02	5
	57.614 (57.614)	2:17.565 (1:19.952)	3:38.075 (1:20.510)	4:55.015 (1:16.940)		
49	Meeks, Kate		Fordham		4:55.04	6
	57.176 (57.176)	2:16.685 (1:19.509)	3:38.923 (1:22.239)	4:55.031 (1:16.108)		
50	Colflesh, Allison		Richmond		4:55.07	1
	54.963 (54.963)	2:09.359 (1:14.397)	3:26.966 (1:17.608)	4:55.064 (1:28.098)		
51	Rzucidlo, Emily		Richmond		4:56.71	5
	55.751 (55.751)	2:15.013 (1:19.262)	3:35.255 (1:20.243)	4:56.710 (1:21.455)		
52	Shanes, Julia		George Washington		4:57.52	5
	57.206 (57.206)	2:17.066 (1:19.860)	3:38.366 (1:21.300)	4:57.515 (1:19.149)		
53	Clark, Sarah		George Mason		4:57.57	4
	57.227 (57.227)	2:16.050 (1:18.823)	3:36.826 (1:20.777)	4:57.568 (1:20.743)		
54	Koors, Natalie		Richmond		4:57.65	5
	57.574 (57.574)	2:15.779 (1:18.205)	3:36.725 (1:20.947)	4:57.650 (1:20.925)		
55	Grogg, Lanie		Longwood		4:58.49	7
	58.197 (58.197)	2:18.721 (1:20.524)	3:40.489 (1:21.768)	4:58.485 (1:17.997)		
56	Smith, Alexis		Fordham		4:58.84	6
	56.386 (56.386)	2:17.237 (1:20.852)	3:38.496 (1:21.259)	4:58.838 (1:20.343)		
57	Hany, Catherine		American		4:59.27	5
	56.991 (56.991)	2:17.353 (1:20.362)	3:38.338 (1:20.985)	4:59.266 (1:20.929)		
58	Kirk, Grace		American		5:00.07	3
	54.829 (54.829)	2:13.289 (1:18.460)	3:37.614 (1:24.325)	5:00.068 (1:22.454)		
59	Sgambelluri, Nina		Delaware		5:00.17	1
	56.121 (56.121)	2:14.326 (1:18.205)	3:37.379 (1:23.053)	5:00.161 (1:22.783)		
60	Roche, Catherine		Fordham		5:01.70	6
	56.671 (56.671)	2:16.918 (1:20.248)	3:39.857 (1:22.939)	5:01.692 (1:21.835)		
61	Kenny, Grace		Fordham		5:02.16	6
	55.853 (55.853)	2:17.838 (1:21.985)	3:40.707 (1:22.869)	5:02.157 (1:21.450)		
62	Stanet, Raven		Marist		5:02.96	6
	58.572 (58.572)	2:19.890 (1:21.318)	3:43.047 (1:23.158)	5:02.955 (1:19.908)		
63	Holloway, Mallory		Marist		5:03.45	6
	58.433 (58.433)	2:19.341 (1:20.908)	3:41.910 (1:22.569)	5:03.446 (1:21.537)		
64	Peterson, Ella		Delaware		5:03.54	3
	54.717 (54.717)	2:14.515 (1:19.799)	3:40.618 (1:26.103)	5:03.539 (1:22.922)		
65	Friedrich, Emma		George Washington		5:05.06	6
	57.775 (57.775)	2:19.561 (1:21.787)	3:44.013 (1:24.453)	5:05.053 (1:21.040)		

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Finals ... (Event 9 Women 1500 Meter Run)**

	Name		School		Finals	H#
66	Robinson, Ashley		George Washington		5:05.71	7
	57.950 (57.950)	2:18.470 (1:20.520)	3:42.196 (1:23.727)	5:05.702 (1:23.507)		
67	Wilber, Reese		Buffalo		5:06.36	4
	56.853 (56.853)	2:16.497 (1:19.644)	3:38.822 (1:22.325)	5:06.356 (1:27.534)		
68	Belleville, Hannah		Marist		5:06.47	7
	59.177 (59.177)	2:21.277 (1:22.100)	3:44.410 (1:23.133)	5:06.461 (1:22.052)		
69	Yirmibesoglu, Aylin		George Mason		5:07.44	7
	58.134 (58.134)	2:20.314 (1:22.180)	3:46.364 (1:26.050)	5:07.431 (1:21.068)		
70	Krishnamurthy, Shreya		Vcu		5:09.07	7
	58.294 (58.294)	2:22.782 (1:24.489)	3:48.800 (1:26.018)	5:09.066 (1:20.267)		
71	Driscoll-Gannon, Sydney		Marist		5:10.74	7
	58.872 (58.872)	2:23.961 (1:25.089)	3:48.579 (1:24.618)	5:10.734 (1:22.155)		
72	Minns, Ashley		Richmond		5:11.37	5
	57.951 (57.951)	2:17.118 (1:19.167)	3:43.486 (1:26.369)	5:11.361 (1:27.875)		
73	Wallwork, Erin		George Washington		5:11.50	7
	58.500 (58.500)	2:20.749 (1:22.249)	3:44.677 (1:23.929)	5:11.497 (1:26.820)		
74	Michel, Isabel		Fdu		5:13.82	7
	58.949 (58.949)	2:21.241 (1:22.293)	3:47.784 (1:26.543)	5:13.814 (1:26.030)		
75	Moloney, Helen		Fordham		5:14.95	7
	59.299 (59.299)	2:22.504 (1:23.205)	3:49.239 (1:26.735)	5:14.946 (1:25.708)		
76	Connolly, Kate		Wagner		5:15.82	6
	58.362 (58.362)	2:21.331 (1:22.969)	3:48.932 (1:27.602)	5:15.812 (1:26.880)		
77	House, Marisa		Fordham		5:17.28	6
	58.250 (58.250)	2:19.850 (1:21.600)	3:47.631 (1:27.782)	5:17.275 (1:29.644)		
78	Davis, Madison		Longwood		5:18.31	7
	59.407 (59.407)	2:24.397 (1:24.990)	3:52.487 (1:28.090)	5:18.306 (1:25.819)		
79	Pinon, Miranda		George Mason		5:19.60	8
	1:01.170 (1:01.170)	2:26.694 (1:25.524)	3:51.047 (1:24.353)	5:19.600 (1:28.554)		
80	Miller, Peyton		Wagner		5:19.65	5
	58.155 (58.155)	2:18.503 (1:20.348)	3:47.033 (1:28.530)	5:19.644 (1:32.612)		
81	Diorio, Christina		Marist		5:21.03	7
	59.520 (59.520)	2:23.590 (1:24.070)	3:51.005 (1:27.415)	5:21.030 (1:30.025)		
82	Joyce, Olivia		George Mason		5:22.85	7
	58.626 (58.626)	2:23.761 (1:25.135)	3:53.975 (1:30.214)	5:22.846 (1:28.872)		
83	Jepkemboi, Abijah		Virginia Union		5:23.93	8
	58.878 (58.878)	2:25.245 (1:26.368)	3:54.297 (1:29.052)	5:23.923 (1:29.627)		
84	LaCapra, Grace		Marist		5:24.68	8
	1:02.093 (1:02.093)	2:29.980 (1:27.888)	3:59.320 (1:29.340)	5:24.677 (1:25.357)		
85	Johnston, Emily		Longwood		5:30.75	8
	1:03.833 (1:03.833)	2:34.777 (1:30.944)	4:03.105 (1:28.329)	5:30.750 (1:27.645)		
86	Cardona, Gabriela		Fdu		5:33.15	8
	1:03.893 (1:03.893)	2:33.945 (1:30.053)	4:04.838 (1:30.893)	5:33.147 (1:28.309)		
87	Wheeler, Kai		Longwood		5:34.10	8
	1:03.762 (1:03.762)	2:35.123 (1:31.362)	4:06.159 (1:31.037)	5:34.094 (1:27.935)		
88	Rohrer, Elena		Catholic		5:42.91	8
	1:03.617 (1:03.617)	2:34.694 (1:31.078)	4:10.804 (1:36.110)	5:42.908 (1:32.104)		
89	Miller, Cassandra		Longwood		5:49.05	8
	1:04.800 (1:04.800)	2:38.118 (1:33.318)	4:15.609 (1:37.492)	5:49.047 (1:33.438)		
90	Canova, Gianna		Wagner		5:57.56	8
	1:04.485 (1:04.485)	2:37.784 (1:33.299)	4:19.552 (1:41.768)	5:57.555 (1:38.004)		

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Event 10 Men 1500 Meter Run****School: 3:39.07 R 1982****Sosthenes Bitok****Facility: 3:40.38 F 1980****Sosthenes Bitok, Richmond****Meet: 3:49.84 M 3/22/2024****Ryan Fowkes****'24 D1 East: 3:41.89 & 2024****D1 East Reg -Last-Mark-In**

	Name		School		Finals	H#
Finals						
1	Sanchez, Rodolfo		Fordham		3:46.73 M	1
	46.123 (46.123)	1:47.211 (1:01.089)		2:47.138 (59.927)	3:46.729 (59.592)	
2	Bezuneh, Nathaniel		Fordham		3:47.27 M	1
	46.368 (46.368)	1:47.436 (1:01.069)		2:47.405 (59.969)	3:47.268 (59.863)	
3	Bohlke, Michael		George Washington		3:51.27	1
	46.660 (46.660)	1:47.910 (1:01.250)		2:49.410 (1:01.500)	3:51.268 (1:01.858)	
4	Stoeffler, Luke		Buffalo		3:51.50	2
	46.691 (46.691)	1:49.792 (1:03.102)		2:51.598 (1:01.807)	3:51.491 (59.893)	
5	Ricci, Maxime		Wagner		3:53.40	2
	46.018 (46.018)	1:49.677 (1:03.659)		2:51.898 (1:02.222)	3:53.394 (1:01.497)	
6	Scully, Eric		Unattached		3:53.92	1
	46.900 (46.900)	1:49.586 (1:02.687)		2:52.905 (1:03.319)	3:53.918 (1:01.013)	
7	Walsh, Collin		William & Mary		3:54.47	1
	47.376 (47.376)	1:49.098 (1:01.722)		2:52.245 (1:03.148)	3:54.463 (1:02.218)	
8	Kapustka, Pierce		George Washington		3:54.96	1
	47.150 (47.150)	1:49.393 (1:02.243)		2:52.648 (1:03.255)	3:54.956 (1:02.309)	
9	DiStefano, Brendan		William & Mary		3:56.11	1
	47.423 (47.423)	1:49.259 (1:01.837)		2:52.409 (1:03.150)	3:56.108 (1:03.699)	
10	Corrigan, John		Fordham		3:56.23	2
	45.849 (45.849)	1:50.186 (1:04.337)		2:54.841 (1:04.655)	3:56.222 (1:01.382)	
11	Stafford, Collin		Buffalo		3:57.01	3
	47.388 (47.388)	1:50.927 (1:03.539)		2:55.667 (1:04.740)	3:57.008 (1:01.342)	
12	Henkel, Luke		William & Mary		3:57.31	1
	47.580 (47.580)	1:49.428 (1:01.848)		2:52.611 (1:03.184)	3:57.306 (1:04.695)	
13	Parker, Ty		American		3:57.63	2
	46.224 (46.224)	1:50.449 (1:04.225)		2:55.128 (1:04.679)	3:57.621 (1:02.493)	
14	Hymans, Caleb		George Mason		3:57.69	3
	46.974 (46.974)	1:50.002 (1:03.028)		2:55.427 (1:05.425)	3:57.689 (1:02.263)	
15	Anderson, Henry		William & Mary		3:57.76	2
	46.331 (46.331)	1:49.938 (1:03.608)		2:53.901 (1:03.963)	3:57.754 (1:03.854)	
16	Stearns, Cameron		George Mason		3:58.49	2
	46.432 (46.432)	1:50.366 (1:03.934)		2:55.346 (1:04.980)	3:58.488 (1:03.143)	
17	Sokoll, Johnny		Wagner		3:58.50	1
	47.675 (47.675)	1:49.913 (1:02.238)		2:53.546 (1:03.634)	3:58.494 (1:04.948)	
18	Taylor, Joseph		William & Mary		3:59.23	3
	47.519 (47.519)	1:51.468 (1:03.949)		2:56.692 (1:05.224)	3:59.221 (1:02.529)	
19	Croke, Darren		Fordham		3:59.35	3
	47.087 (47.087)	1:50.388 (1:03.302)		2:55.446 (1:05.058)	3:59.347 (1:03.902)	
20	Smith, Noah		American		3:59.79	2
	46.756 (46.756)	1:50.859 (1:04.104)		2:55.731 (1:04.872)	3:59.789 (1:04.059)	
21	Lipps, Owen		William & Mary		3:59.97	3
	47.258 (47.258)	1:50.689 (1:03.432)		2:56.881 (1:06.192)	3:59.967 (1:03.087)	
22	Rackley, Carson		William & Mary		4:00.33	3
	46.916 (46.916)	1:49.444 (1:02.529)		2:55.677 (1:06.233)	4:00.328 (1:04.652)	
23	Lopez, Chase		Fdu		4:00.53	5
	47.688 (47.688)	1:54.438 (1:06.750)		2:59.694 (1:05.257)	4:00.528 (1:00.834)	
24	Gray, Josh		Unattached		4:01.18	4
	49.093 (49.093)	1:55.310 (1:06.217)		3:00.841 (1:05.532)	4:01.173 (1:00.333)	

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Finals ... (Event 10 Men 1500 Meter Run)**

	Name		School		Finals	H#
25	Gildea, Jimmy		George Washington		4:01.24	2
	46.548 (46.548)	1:50.948 (1:04.400)	2:56.886 (1:05.938)	4:01.236 (1:04.350)		
26	Thompson, Lucas		William & Mary		4:01.25	3
	47.616 (47.616)	1:51.919 (1:04.304)	2:57.503 (1:05.584)	4:01.242 (1:03.739)		
27	Smith, Carter		Vcu		4:02.15	4
	48.658 (48.658)	1:55.711 (1:07.053)	3:00.676 (1:04.965)	4:02.143 (1:01.468)		
28	Lawson, Julian		Vcu		4:02.76	5
	48.709 (48.709)	1:55.560 (1:06.852)	3:00.124 (1:04.564)	4:02.753 (1:02.629)		
29	Kaukas-Quinn, Wesley		George Washington		4:02.76	3
	47.558 (47.558)	1:51.034 (1:03.477)	2:57.048 (1:06.014)	4:02.759 (1:05.712)		
30	Mason, Mathew		Fordham		4:03.20	2
	47.064 (47.064)	1:51.819 (1:04.755)	2:59.161 (1:07.342)	4:03.198 (1:04.038)		
31	Barreto, Brandon		Fdu		4:03.72	4
	48.438 (48.438)	1:55.263 (1:06.825)	3:01.337 (1:06.074)	4:03.717 (1:02.380)		
32	Healy, Taylor		Unattached		4:03.74	5
	48.350 (48.350)	1:54.569 (1:06.219)	3:00.070 (1:05.502)	4:03.740 (1:03.670)		
33	Abdu, Nadim		George Mason		4:04.54	6
	47.716 (47.716)	1:53.746 (1:06.030)	2:59.554 (1:05.808)	4:04.534 (1:04.980)		
34	Green, Quinn		William & Mary		4:04.70	3
	46.751 (46.751)	1:49.734 (1:02.984)	2:55.651 (1:05.917)	4:04.694 (1:09.044)		
35	Rohde, Lucas		Fordham		4:04.94	3
	47.118 (47.118)	1:50.556 (1:03.438)	2:56.733 (1:06.178)	4:04.939 (1:08.207)		
36	Nomula, Sanjith		Marist		4:05.59	5
	48.529 (48.529)	1:55.359 (1:06.830)	3:00.689 (1:05.330)	4:05.589 (1:04.900)		
37	Brotemarkle, Austin		George Washington		4:05.81	4
	48.391 (48.391)	1:55.236 (1:06.845)	3:01.061 (1:05.825)	4:05.801 (1:04.740)		
38	Boboli, Nigel		Wagner		4:06.13	5
	47.827 (47.827)	1:54.717 (1:06.890)	3:00.305 (1:05.589)	4:06.122 (1:05.817)		
39	Vogel, John		Unattached		4:06.33	5
	48.673 (48.673)	1:54.675 (1:06.003)	3:00.652 (1:05.977)	4:06.325 (1:05.674)		
40	Domoy, Connor		Buffalo		4:06.55	4
	48.188 (48.188)	1:55.098 (1:06.910)	3:01.168 (1:06.070)	4:06.548 (1:05.380)		
41	Benlamkaddem, Terek		Unattached		4:06.57	1
	47.924 (47.924)	1:50.591 (1:02.668)	2:57.073 (1:06.482)	4:06.570 (1:09.498)		
42	Creeks, Raymond		Unattached		4:06.78	5
	48.194 (48.194)	1:54.930 (1:06.737)	3:01.632 (1:06.702)	4:06.774 (1:05.143)		
43	Parks, Hayden		Buffalo		4:06.94	5
	46.717 (46.717)	1:52.828 (1:06.112)	2:59.220 (1:06.393)	4:06.940 (1:07.720)		
44	Fahrney, Joe		George Washington		4:07.41	3
	47.152 (47.152)	1:49.556 (1:02.404)	2:57.392 (1:07.837)	4:07.401 (1:10.009)		
45	Dawson, Cole		Vcu		4:07.53	4
	48.720 (48.720)	1:55.590 (1:06.870)	3:01.275 (1:05.685)	4:07.528 (1:06.254)		
46	Bruns, Carter		Unattached		4:07.66	4
	48.046 (48.046)	1:54.976 (1:06.930)	3:00.980 (1:06.004)	4:07.657 (1:06.678)		
47	Bauer, Amberson		William & Mary		4:07.77	3
	46.836 (46.836)	1:50.146 (1:03.310)	2:57.932 (1:07.787)	4:07.769 (1:09.838)		
48	Febles, Matthew		Fordham		4:08.29	4
	48.850 (48.850)	1:55.453 (1:06.604)	3:01.702 (1:06.249)	4:08.286 (1:06.584)		
49	Clancy, Clinton		Longwood		4:08.57	5
	48.595 (48.595)	1:55.863 (1:07.268)	3:02.374 (1:06.512)	4:08.569 (1:06.195)		
50	McCabe, Andrew		George Washington		4:08.92	4
	48.952 (48.952)	1:55.360 (1:06.408)	3:01.372 (1:06.013)	4:08.920 (1:07.548)		
51	Stango, David		Catholic		4:09.06	6
	48.842 (48.842)	1:55.911 (1:07.069)	3:03.810 (1:07.899)	4:09.057 (1:05.248)		

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Finals ... (Event 10 Men 1500 Meter Run)**

	Name		School		Finals	H#
52	Reid, Christian		Longwood		4:09.80	6
	49.935 (49.935)	1:56.980 (1:07.045)	3:06.401 (1:09.422)	4:09.800 (1:03.399)		
53	Korir, Rodgers		Virginia Union		4:09.85	6
	48.357 (48.357)	1:54.700 (1:06.343)	3:00.964 (1:06.264)	4:09.841 (1:08.878)		
54	McMahon, Nathanael		George Mason		4:09.97	2
	45.244 (45.244)	1:49.038 (1:03.794)	2:59.348 (1:10.310)	4:09.969 (1:10.622)		
55	Latina, Jason		Unattached		4:10.03	6
	48.216 (48.216)	1:54.602 (1:06.387)	3:01.632 (1:07.030)	4:10.025 (1:08.393)		
56	Winter, Peter		Catholic		4:10.16	5
	48.155 (48.155)	1:55.582 (1:07.427)	3:04.062 (1:08.480)	4:10.154 (1:06.093)		
57	Townsend, Wyatt		William & Mary		4:10.19	7
	47.604 (47.604)	1:55.732 (1:08.129)	3:03.745 (1:08.013)	4:10.182 (1:06.438)		
58	Marquez, Eric		Wagner		4:10.95	4
	49.276 (49.276)	1:55.986 (1:06.710)	3:03.051 (1:07.065)	4:10.941 (1:07.890)		
59	San Juan, Ignacio		Wagner		4:11.19	6
	48.516 (48.516)	1:55.352 (1:06.837)	3:05.874 (1:10.522)	4:11.181 (1:05.308)		
60	Locke, Joseph		Catholic		4:12.76	6
	49.279 (49.279)	1:56.729 (1:07.450)	3:05.424 (1:08.695)	4:12.754 (1:07.330)		
61	Chambers, Cory		George Washington		4:12.82	4
	48.630 (48.630)	1:55.657 (1:07.028)	3:05.680 (1:10.023)	4:12.820 (1:07.140)		
62	Viswanathan, Neel		Marist		4:17.14	6
	49.710 (49.710)	1:57.997 (1:08.288)	3:07.921 (1:09.924)	4:17.135 (1:09.214)		
63	Hathaway, Andrew		Longwood		4:18.94	5
	48.953 (48.953)	1:57.094 (1:08.142)	3:08.845 (1:11.752)	4:18.935 (1:10.090)		
64	McDevitt, Matthew		Fordham		4:22.30	6
	48.739 (48.739)	1:56.312 (1:07.574)	3:07.891 (1:11.579)	4:22.296 (1:14.405)		
65	Daniel, Alec		Longwood		4:23.61	7
	48.467 (48.467)	1:59.137 (1:10.670)	3:13.425 (1:14.288)	4:23.606 (1:10.182)		
66	Leon, Joshua		Catholic		4:24.24	7
	47.874 (47.874)	1:56.111 (1:08.238)	3:08.592 (1:12.482)	4:24.240 (1:15.648)		
67	Young, Lucas		Hagerstown CC		4:24.42	7
	48.901 (48.901)	2:02.104 (1:13.203)	3:16.709 (1:14.605)	4:24.414 (1:07.705)		
68	Williams, Aiden		George Washington		4:25.41	6
	47.982 (47.982)	1:55.841 (1:07.859)	3:09.124 (1:13.283)	4:25.402 (1:16.279)		
69	Nitsch, Kadin		Longwood		4:26.46	7
	49.609 (49.609)	2:00.500 (1:10.892)	3:14.350 (1:13.850)	4:26.452 (1:12.103)		
70	Kiprotich, Nickson		Virginia Union		4:28.50	6
	48.441 (48.441)	1:58.300 (1:09.859)	3:12.939 (1:14.639)	4:28.496 (1:15.558)		
71	Christian, Bryce		Longwood		4:32.23	7
	49.335 (49.335)	2:01.020 (1:11.685)	3:16.904 (1:15.884)	4:32.225 (1:15.322)		
72	Williams, Nicolas		Longwood		4:39.43	7
	49.464 (49.464)	2:03.746 (1:14.283)	3:22.077 (1:18.332)	4:39.421 (1:17.344)		
73	Bockstie, Noah		Hagerstown CC		4:40.22	7
	52.125 (52.125)	2:07.494 (1:15.369)	3:25.969 (1:18.475)	4:40.212 (1:14.244)		
74	Rami, Ronak		Ccbc Catonsville		4:42.98	6
	50.599 (50.599)	2:04.910 (1:14.312)	3:25.571 (1:20.662)	4:42.980 (1:17.409)		
75	Barnett, Peter		Richard Bland		4:44.09	7
	48.992 (48.992)	2:03.192 (1:14.200)	3:23.519 (1:20.327)	4:44.086 (1:20.568)		
76	Fox, Johnathan		Hagerstown CC		4:46.92	7
	55.455 (55.455)	2:13.955 (1:18.500)	3:32.562 (1:18.608)	4:46.919 (1:14.357)		
77	Bernhardt, Andrew		Longwood		5:04.43	7
	50.265 (50.265)	2:12.452 (1:22.188)	3:40.400 (1:27.948)	5:04.427 (1:24.028)		
---	Borchers, Ben		Fordham		DNF	1
	45.919 (45.919)	1:47.008 (1:01.089)				

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Event 13 Women 5000 Meter Run Unseeded**

School: 16:06.15 R 2011 Amy VanAlstine
Facility: 17:02.83 F 3/17/2023 Sofia Istnick, Virginia
Meet: 17:02.80 M 3/17/2023 Sofia Istnick, William & Marry
ECAC: 17:19.99 E

'24 D1 East: 16:07.04 & 2024 D1 East Reg -Last-Mark-In

Name	School	Finals
Finals		
1 Cohen, Addie	Richmond	17:52.98
41.480 (41.480) 2:08.533 (1:27.053) 3:33.540 (1:25.008) 4:58.649 (1:25.109)		
6:24.615 (1:25.967) 7:52.215 (1:27.600) 9:19.573 (1:27.358) 10:46.325 (1:26.753)		
12:12.308 (1:25.983) 13:39.874 (1:27.567) 15:09.207 (1:29.333) 16:36.195 (1:26.989)		
17:52.974 (1:16.779)		
2 Welker, Paris	Buffalo	18:12.79
42.089 (42.089) 2:10.007 (1:27.918) 3:35.867 (1:25.860) 5:03.012 (1:27.145)		
6:29.802 (1:26.790) 7:56.448 (1:26.647) 9:24.089 (1:27.642) 10:51.789 (1:27.700)		
12:21.173 (1:29.384) 13:50.914 (1:29.742) 15:21.429 (1:30.515) 16:49.889 (1:28.460)		
18:12.789 (1:22.900)		
3 Tianga, Kirah	American	18:15.58
41.644 (41.644) 2:08.655 (1:27.012) 3:33.767 (1:25.112) 5:00.447 (1:26.680)		
6:28.619 (1:28.173) 7:56.857 (1:28.238) 9:25.217 (1:28.360) 10:55.694 (1:30.478)		
12:26.734 (1:31.040) 13:56.302 (1:29.568) 15:25.384 (1:29.083) 16:54.329 (1:28.945)		
18:15.580 (1:21.252)		
4 Gross, Michaela	Hagerstown CC	18:20.97
41.889 (41.889) 2:10.197 (1:28.308) 3:38.293 (1:28.097) 5:08.142 (1:29.849)		
6:37.352 (1:29.210) 8:06.179 (1:28.828) 9:34.569 (1:28.390) 11:02.698 (1:28.129)		
12:32.482 (1:29.784) 14:01.962 (1:29.480) 15:31.760 (1:29.799) 16:59.174 (1:27.414)		
18:20.964 (1:21.790)		
5 Aulenbach, Katryna	George Mason	18:29.08
41.063 (41.063) 2:08.232 (1:27.169) 3:34.078 (1:25.847) 5:00.782 (1:26.704)		
6:28.938 (1:28.157) 7:56.184 (1:27.247) 9:23.824 (1:27.640) 10:53.347 (1:29.523)		
12:23.318 (1:29.972) 13:54.658 (1:31.340) 15:26.019 (1:31.362) 16:57.653 (1:31.634)		
18:29.079 (1:31.427)		
6 Keller, Priscilla	Longwood	18:38.58
43.100 (43.100) 2:10.729 (1:27.629) 3:37.590 (1:26.862) 5:04.080 (1:26.490)		
6:33.074 (1:28.994) 8:04.153 (1:31.079) 9:35.248 (1:31.095) 11:05.308 (1:30.060)		
12:35.869 (1:30.562) 14:07.195 (1:31.327) 15:40.449 (1:33.254) 17:12.268 (1:31.819)		
18:38.580 (1:26.313)		
7 Pinder, Nicole	Longwood	18:40.13
43.569 (43.569) 2:12.055 (1:28.487) 3:38.918 (1:26.863) 5:08.303 (1:29.385)		
6:36.693 (1:28.390) 8:06.854 (1:30.162) 9:36.969 (1:30.115) 11:09.265 (1:32.297)		
12:40.233 (1:30.968) 14:11.632 (1:31.399) 15:43.594 (1:31.963) 17:15.657 (1:32.063)		
18:40.123 (1:24.467)		
8 Dumont, Paige	William & Mary	18:42.97
42.244 (42.244) 2:09.810 (1:27.567) 3:36.967 (1:27.157) 5:05.175 (1:28.209)		
6:34.190 (1:29.015) 8:04.602 (1:30.412) 9:34.728 (1:30.127) 11:06.640 (1:31.913)		
12:39.649 (1:33.009) 14:11.877 (1:32.228) 15:44.707 (1:32.830) 17:17.604 (1:32.898)		
18:42.967 (1:25.363)		
9 Miller, Estella	American	18:46.51
43.002 (43.002) 2:09.503 (1:26.502) 3:35.482 (1:25.979) 5:02.533 (1:27.052)		
6:32.057 (1:29.524) 8:00.343 (1:28.287) 9:30.919 (1:30.577) 11:03.309 (1:32.390)		
12:36.798 (1:33.489) 14:10.870 (1:34.073) 15:44.074 (1:33.204) 17:18.824 (1:34.750)		
18:46.508 (1:27.684)		

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results**

10	Cavalieri, Angela		Wagner		18:51.27
	43.303 (43.303)	2:11.219 (1:27.917)	3:40.029 (1:28.810)	5:10.647 (1:30.618)	
	6:40.308 (1:29.662)	8:10.972 (1:30.664)	9:42.008 (1:31.037)	11:13.490 (1:31.483)	
	12:45.734 (1:32.244)	14:18.785 (1:33.052)	15:51.314 (1:32.529)	17:21.885 (1:30.572)	
	18:51.262 (1:29.377)				

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Finals ... (Event 13 Women 5000 Meter Run Unseeded)**

Name	School	Finals
11 Tatum, Skyler	American	18:53.28
41.912 (41.912) 2:09.179 (1:27.268) 3:35.139 (1:25.960) 5:01.837 (1:26.698)		
6:31.729 (1:29.893) 8:02.262 (1:30.533) 9:34.958 (1:32.697) 11:06.369 (1:31.412)		
12:40.357 (1:33.988) 14:14.930 (1:34.574) 15:49.805 (1:34.875) 17:22.733 (1:32.928)		
18:53.272 (1:30.539)		
12 Mariano, Tori	Marist	19:01.76
42.742 (42.742) 2:10.353 (1:27.612) 3:38.082 (1:27.729) 5:07.844 (1:29.763)		
6:38.347 (1:30.503) 8:10.333 (1:31.987) 9:42.292 (1:31.959) 11:15.988 (1:33.697)		
12:49.820 (1:33.833) 14:23.707 (1:33.887) 15:57.435 (1:33.729) 17:31.137 (1:33.702)		
19:01.752 (1:30.615)		
13 Slattery, Haley	Longwood	19:06.80
42.409 (42.409) 2:08.868 (1:26.459) 3:34.285 (1:25.418) 5:02.103 (1:27.818)		
6:32.677 (1:30.574) 8:04.949 (1:32.273) 9:38.957 (1:34.008) 11:14.443 (1:35.487)		
12:49.597 (1:35.154) 14:24.507 (1:34.910) 16:00.803 (1:36.297) 17:35.412 (1:34.609)		
19:06.799 (1:31.388)		
14 Urban, Brianna	Buffalo	19:20.49
42.868 (42.868) 2:11.722 (1:28.854) 3:38.529 (1:26.808) 5:08.860 (1:30.332)		
6:39.657 (1:30.797) 8:12.545 (1:32.889) 9:45.995 (1:33.450) 11:21.185 (1:35.190)		
12:55.465 (1:34.280) 14:32.745 (1:37.280) 16:09.990 (1:37.245) 17:46.343 (1:36.353)		
19:20.490 (1:34.148)		
15 Jepkemboi, Abijah	Virginia Union	19:36.80
42.200 (42.200) 2:09.323 (1:27.123) 3:36.868 (1:27.545) 5:07.912 (1:31.044)		
6:40.329 (1:32.418) 8:17.707 (1:37.378) 9:52.573 (1:34.867) 11:29.843 (1:37.270)		
13:07.723 (1:37.880) 14:45.167 (1:37.444) 16:26.467 (1:41.300) 18:03.562 (1:37.095)		
19:36.799 (1:33.238)		
16 Murphy, Fiona	American	19:47.16
43.868 (43.868) 2:12.369 (1:28.502) 3:40.365 (1:27.997) 5:11.069 (1:30.704)		
6:43.475 (1:32.407) 8:17.969 (1:34.494) 9:52.247 (1:34.278) 11:30.125 (1:37.879)		
13:06.213 (1:36.088) 14:45.234 (1:39.022) 16:26.863 (1:41.629) 18:06.205 (1:39.343)		
19:47.153 (1:40.948)		
17 McNavich, Sophia	Catholic	20:03.94
44.400 (44.400) 2:14.249 (1:29.849) 3:43.223 (1:28.974) 5:15.049 (1:31.827)		
6:49.244 (1:34.195) 8:26.753 (1:37.509) 10:06.157 (1:39.404) 11:45.689 (1:39.533)		
13:24.215 (1:38.527) 15:05.747 (1:41.532) 16:48.080 (1:42.334) 18:28.965 (1:40.885)		
20:03.935 (1:34.970)		
18 Vick, Lauren	Longwood	20:14.98
44.604 (44.604) 2:13.025 (1:28.422) 3:42.877 (1:29.852) 5:17.245 (1:34.369)		
6:54.769 (1:37.524) 8:33.042 (1:38.273) 10:11.727 (1:38.685) 11:52.703 (1:40.977)		
13:34.962 (1:42.259) 15:17.939 (1:42.978) 16:58.797 (1:40.858) 18:35.968 (1:37.172)		
20:14.975 (1:39.008)		
19 Pinon, Alexa	George Mason	20:48.76
44.818 (44.818) 2:14.882 (1:30.064) 3:46.128 (1:31.247) 5:21.340 (1:35.213)		
6:58.503 (1:37.163) 8:38.439 (1:39.937) 10:18.803 (1:40.364) 12:00.742 (1:41.939)		
13:44.565 (1:43.824) 15:30.743 (1:46.178) 17:19.152 (1:48.409) 19:07.384 (1:48.233)		
20:48.757 (1:41.373)		
--- Joyce, Paige	Richmond	DNF
41.328 (41.328) 2:08.320 (1:26.993) 3:33.259 (1:24.939) 4:58.350 (1:25.092)		
6:24.305 (1:25.955) 7:51.914 (1:27.609) 9:19.267 (1:27.353) 10:45.998 (1:26.732)		
--- Korzen, Kennedy	Vcu	DNF
42.480 (42.480) 2:07.948 (1:25.468) 3:32.973 (1:25.025) 4:59.885 (1:26.913)		
6:29.515 (1:29.630) 8:01.724 (1:32.209)		

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Event 14 Men 5000 Meter Run Unseeded****School: 13:33.60 R 1979****Hillary Tuwei****Facility: 13:56.37 F 1980****Sosthenes Bitok, Richmond****Meet: 14:41.48 M 2022****Peter Borger****'24 D1 East: 13:50.75 & 2024****D1 East Reg -Last-Mark-In**

Name		School		Finals	
Finals					
1	Mihret, Tadael	Fordham		15:18.64	
	36.510 (36.510)	1:50.432 (1:13.923)	3:05.459 (1:15.027)	4:18.929 (1:13.470)	
	5:33.232 (1:14.304)	6:47.520 (1:14.288)	8:01.842 (1:14.323)	9:18.055 (1:16.213)	
	10:34.919 (1:16.864)	11:47.330 (1:12.412)	12:59.759 (1:12.429)	14:11.547 (1:11.789)	
	15:18.637 (1:07.090)				
2	Vom Saal, Max	George Mason		15:29.25	
	36.650 (36.650)	1:52.355 (1:15.705)	3:07.847 (1:15.493)	4:21.024 (1:13.177)	
	5:36.586 (1:15.563)	6:51.222 (1:14.637)	8:06.849 (1:15.627)	9:22.761 (1:15.913)	
	10:37.847 (1:15.087)	11:52.901 (1:15.054)	13:06.789 (1:13.888)	14:19.436 (1:12.648)	
	15:29.244 (1:09.808)				
3	Fagan, Eric	William & Mary		15:31.76	
	36.885 (36.885)	1:50.622 (1:13.738)	3:05.080 (1:14.458)	4:18.330 (1:13.250)	
	5:32.162 (1:13.833)	6:46.004 (1:13.842)	8:01.555 (1:15.552)	9:17.782 (1:16.228)	
	10:35.007 (1:17.225)	11:50.312 (1:15.305)	13:07.375 (1:17.063)	14:23.314 (1:15.939)	
	15:31.756 (1:08.443)				
4	Schwartz, Justin	Marist		15:33.63	
	37.134 (37.134)	1:52.450 (1:15.317)	3:07.297 (1:14.848)	4:19.947 (1:12.650)	
	5:34.817 (1:14.870)	6:49.946 (1:15.129)	8:05.387 (1:15.442)	9:22.125 (1:16.738)	
	10:37.756 (1:15.632)	11:53.320 (1:15.564)	13:07.817 (1:14.498)	14:22.416 (1:14.599)	
	15:33.630 (1:11.214)				
5	Khan, Saad	Longwood		15:36.93	
	36.254 (36.254)	1:52.154 (1:15.900)	3:06.306 (1:14.153)	4:19.932 (1:13.627)	
	5:35.784 (1:15.852)	6:51.527 (1:15.744)	8:07.317 (1:15.790)	9:23.360 (1:16.043)	
	10:38.504 (1:15.144)	11:54.640 (1:16.137)	13:10.184 (1:15.544)	14:28.720 (1:18.537)	
	15:36.921 (1:08.202)				
6	Rowe, Jackson	George Mason		15:38.29	
	36.051 (36.051)	1:49.370 (1:13.319)	3:05.252 (1:15.883)	4:18.702 (1:13.450)	
	5:33.004 (1:14.302)	6:47.807 (1:14.804)	8:04.367 (1:16.560)	9:21.581 (1:17.214)	
	10:37.180 (1:15.599)	11:52.784 (1:15.604)	13:06.632 (1:13.849)	14:23.360 (1:16.728)	
	15:38.281 (1:14.922)				
7	Doherty, Patrick	Unattached		15:39.53	
	37.714 (37.714)	1:52.951 (1:15.238)	3:08.666 (1:15.715)	4:22.397 (1:13.732)	
	5:38.896 (1:16.499)	6:52.826 (1:13.930)	8:08.215 (1:15.389)	9:24.056 (1:15.842)	
	10:39.947 (1:15.892)	11:56.429 (1:16.482)	13:12.234 (1:15.805)	14:28.152 (1:15.919)	
	15:39.527 (1:11.375)				
8	Wisker, Ryan	Marist		15:44.09	
	36.136 (36.136)	1:51.162 (1:15.027)	3:05.880 (1:14.718)	4:19.601 (1:13.722)	
	5:34.597 (1:14.997)	6:49.709 (1:15.112)	8:05.239 (1:15.530)	9:21.892 (1:16.654)	
	10:37.492 (1:15.600)	11:54.256 (1:16.764)	13:12.585 (1:18.329)	14:30.402 (1:17.818)	
	15:44.086 (1:13.684)				
9	Chandler, Jack	American		15:46.45	
	36.374 (36.374)	1:51.587 (1:15.214)	3:06.709 (1:15.122)	4:20.205 (1:13.497)	
	5:36.034 (1:15.829)	6:50.952 (1:14.919)	8:06.706 (1:15.754)	9:22.562 (1:15.857)	
	10:37.316 (1:14.754)	11:53.976 (1:16.660)	13:13.037 (1:19.062)	14:31.602 (1:18.565)	
	15:46.446 (1:14.844)				

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results**

10	McCabe, Matt	Fordham	15:54.34
	36.410 (36.410)	1:51.624 (1:15.214)	3:06.886 (1:15.263) 4:20.740 (1:13.854)
	5:36.287 (1:15.548)	6:53.091 (1:16.804)	8:09.021 (1:15.930) 9:27.044 (1:18.023)
	10:45.756 (1:18.713)	12:04.481 (1:18.725)	13:23.691 (1:19.210) 14:41.147 (1:17.457)
	15:54.337 (1:13.190)		

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Finals ... (Event 14 Men 5000 Meter Run Unseeded)**

Name		School		Finals	
11	Zelege, Kidus	Fdu		15:58.23	
	36.477 (36.477)	1:51.925 (1:15.448)	3:07.064 (1:15.139)	4:20.487 (1:13.424)	
	5:35.881 (1:15.394)	6:50.629 (1:14.748)	8:06.986 (1:16.358)	9:23.055 (1:16.069)	
	10:39.297 (1:16.243)	11:57.069 (1:17.772)	13:16.379 (1:19.310)	14:37.340 (1:20.962)	
	15:58.229 (1:20.889)				
12	Pettyjohn, Ethan	Longwood		16:03.59	
	36.720 (36.720)	1:52.694 (1:15.974)	3:08.496 (1:15.803)	4:23.466 (1:14.970)	
	5:41.164 (1:17.698)	6:58.721 (1:17.558)	8:16.454 (1:17.733)	9:35.582 (1:19.129)	
	10:54.991 (1:19.409)	12:13.800 (1:18.809)	13:32.690 (1:18.890)	14:51.111 (1:18.422)	
	16:03.587 (1:12.477)				
13	Ban, Charlie	Unattached		16:09.71	
	39.457 (39.457)	1:55.391 (1:15.934)	3:12.299 (1:16.908)	4:29.035 (1:16.737)	
	5:46.409 (1:17.374)	7:03.700 (1:17.292)	8:21.647 (1:17.948)	9:40.312 (1:18.665)	
	10:57.897 (1:17.585)	12:16.377 (1:18.480)	13:35.437 (1:19.060)	14:53.745 (1:18.308)	
	16:09.706 (1:15.962)				
14	Wiley, Misha	Longwood		16:11.35	
	37.556 (37.556)	1:52.744 (1:15.188)	3:08.844 (1:16.100)	4:24.194 (1:15.350)	
	5:41.819 (1:17.625)	6:59.091 (1:17.273)	8:17.880 (1:18.789)	9:36.587 (1:18.708)	
	10:55.697 (1:19.110)	12:15.200 (1:19.503)	13:35.881 (1:20.682)	14:55.987 (1:20.107)	
	16:11.345 (1:15.358)				
15	Seta, Matthew	Wagner		16:12.37	
	39.352 (39.352)	1:58.596 (1:19.244)	3:17.544 (1:18.948)	4:36.001 (1:18.458)	
	5:55.195 (1:19.194)	7:13.304 (1:18.109)	8:30.924 (1:17.620)	9:48.946 (1:18.023)	
	11:06.009 (1:17.063)	12:23.794 (1:17.785)	13:43.356 (1:19.563)	15:00.105 (1:16.749)	
	16:12.369 (1:12.264)				
16	Rahn, Jackson	Wagner		16:15.74	
	36.982 (36.982)	1:52.201 (1:15.219)	3:07.336 (1:15.135)	4:22.682 (1:15.347)	
	5:39.139 (1:16.457)	6:55.186 (1:16.048)	8:12.345 (1:17.159)	9:30.674 (1:18.329)	
	10:50.474 (1:19.800)	12:12.440 (1:21.967)	13:35.024 (1:22.584)	14:56.737 (1:21.714)	
	16:15.737 (1:19.000)				
17	Kiprotich, Nickson	Virginia Union		16:17.91	
	37.020 (37.020)	1:51.957 (1:14.938)	3:06.502 (1:14.545)	4:23.370 (1:16.868)	
	5:42.837 (1:19.468)	7:00.650 (1:17.813)	8:20.151 (1:19.502)	9:38.791 (1:18.640)	
	10:58.884 (1:20.093)	12:20.590 (1:21.707)	13:44.065 (1:23.475)	15:03.675 (1:19.610)	
	16:17.901 (1:14.227)				
18	Dillavou, Jordyn	Longwood		16:18.86	
	36.442 (36.442)	1:52.375 (1:15.933)	3:08.176 (1:15.802)	4:23.771 (1:15.595)	
	5:41.295 (1:17.524)	6:58.985 (1:17.690)	8:19.599 (1:20.614)	9:40.180 (1:20.582)	
	11:02.084 (1:21.904)	12:23.175 (1:21.092)	13:43.021 (1:19.847)	15:02.915 (1:19.894)	
	16:18.857 (1:15.943)				
19	Marquez, Eric	Wagner		16:20.01	
	39.106 (39.106)	1:58.335 (1:19.229)	3:17.292 (1:18.958)	4:35.771 (1:18.479)	
	5:54.917 (1:19.147)	7:13.042 (1:18.125)	8:30.599 (1:17.557)	9:48.660 (1:18.062)	
	11:05.695 (1:17.035)	12:23.382 (1:17.688)	13:43.070 (1:19.688)	15:00.949 (1:17.879)	
	16:20.010 (1:19.062)				
20	Levine, Jack	Unattached		16:25.73	
	37.987 (37.987)	1:53.197 (1:15.210)	3:09.090 (1:15.893)	4:24.015 (1:14.925)	
	5:41.549 (1:17.534)	6:59.417 (1:17.869)	8:18.277 (1:18.860)	9:38.291 (1:20.014)	
	11:00.181 (1:21.890)	12:22.916 (1:22.735)	13:45.296 (1:22.380)	15:07.639 (1:22.343)	
	16:25.730 (1:18.092)				

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results**

21	Campbell, Will	Hagerstown CC	16:26.00
	39.154 (39.154)	1:55.211 (1:16.058)	3:13.366 (1:18.155) 4:32.222 (1:18.857)
	5:51.391 (1:19.169)	7:10.986 (1:19.595)	8:29.962 (1:18.977) 9:50.211 (1:20.249)
	11:09.736 (1:19.525)	12:30.946 (1:21.210)	13:52.806 (1:21.860) 15:13.081 (1:20.275)
	16:26.000 (1:12.919)		

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Finals ... (Event 14 Men 5000 Meter Run Unseeded)**

Name	School	Finals
22 Schumacher, Michael	Hagerstown CC	16:33.80
37.445 (37.445) 1:54.026 (1:16.582) 3:12.181 (1:18.155) 4:32.460 (1:20.279)		
5:51.766 (1:19.307) 7:11.371 (1:19.605) 8:29.672 (1:18.302) 9:50.544 (1:20.872)		
11:11.607 (1:21.064) 12:32.309 (1:20.702) 13:53.412 (1:21.104) 15:14.105 (1:20.693)		
16:33.791 (1:19.687)		
23 Schaefer, Andrew	Longwood	17:05.56
40.214 (40.214) 2:00.037 (1:19.824) 3:19.931 (1:19.894) 4:39.545 (1:19.614)		
6:00.336 (1:20.792) 7:20.872 (1:20.537) 8:42.147 (1:21.275) 10:07.321 (1:25.174)		
11:33.276 (1:25.955) 12:58.569 (1:25.293) 14:22.039 (1:23.470) 15:46.761 (1:24.723)		
17:05.551 (1:18.790)		
24 Rami, Ronak	Ccbc Catonsville	17:15.58
36.185 (36.185) 1:51.902 (1:15.718) 3:11.570 (1:19.668) 4:32.564 (1:20.994)		
5:55.924 (1:23.360) 7:19.564 (1:23.640) 8:44.061 (1:24.498) 10:10.006 (1:25.945)		
11:35.571 (1:25.565) 13:02.161 (1:26.590) 14:27.722 (1:25.562) 15:53.389 (1:25.667)		
17:15.571 (1:22.183)		
--- Clark, Grayson	George Mason	DNF
36.601 (36.601) 1:48.927 (1:12.327) 3:02.991 (1:14.064) 4:18.060 (1:15.069)		
5:35.566 (1:17.507) 6:54.830 (1:19.264) 8:17.265 (1:22.435) 9:34.592 (1:17.328)		
--- Ellis, Jacob	Unattached	DNF
35.959 (35.959) 1:51.567 (1:15.609) 3:07.640 (1:16.073) 4:22.127 (1:14.488)		
5:38.635 (1:16.508)		

Event 15 Women 100 Meter Hurdles

School:	13.73	R	2021	Kamryn Ross
Facility:	13.33	F	3/30/2013	Yvette Lewis, Brooks
Meet:	13.33	M	3/30/2013	Yvette Lewis, Brooks
ECAC:	14.54	E		
'24 D1 East:	13.50	&	2024	D1 East Reg -Last-Mark-In
Name	School	Finals	Wind	H#

Finals	Name	School	Finals	Wind	H#
1	Mikusova, Darya	Richmond	14.86	-3.5	1
2	Neureuther, Linnea	Buffalo	14.89	-3.5	1
3	Miles, Saniyah	Fdu	14.92	1.1	4
4	Robinson, Jaslyne	Radford	14.99	-3.5	1
5	Galligani, Gemma	Buffalo	15.02	-3.5	1
6	Perry, Krista	Buffalo	15.25	-3.5	1
7	Dundas, Stephanie	George Mason	15.28	-3.5	1
8	McDermid, Jayde	Delaware	15.38	-4.3	2
9	Ritz, Kylie	Fordham	15.41	-4.3	2
10	Amoyaw, Katriel	William & Mary	15.47	-4.3	2
11	van Puffelen, Isa	Buffalo	15.54	-4.3	2
12	Heinold, Sophie	Vcu	15.56	-3.0	3
13	Moye, Leah	Radford	15.72	-4.3	2
14	Byrnes, Brigid	Catholic	15.90	-3.0	3
15	Cahill, Alexandra	Richmond	15.95	1.1	4
16	McIvor, Kandace	Radford	16.29	-4.3	2
17	Holness, Kamryn	George Washington	16.41	-3.0	3
18	McConnell, Mia	Catholic	16.79	-3.0	3
19	Tomasek, Edith	Catholic	17.24	-3.0	3
20	Duke, Brooke	Delaware	17.51	-4.3	2
21	Sharp, Sarah	Delaware	17.89	-3.0	3
22	Rhodes, Nyomi	Longwood	29.14	-4.3	2

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Finals ... (Event 15 Women 100 Meter Hurdles)**

Name	School	Finals	Wind	H#
--- Manson, Sara	Delaware	DNF	-3.5	1
--- Vo, Alicia	Catholic	DNF	1.1	4
--- Coulibaly, Tata	Fdu	DNF	-3.5	1

Event 16 Men 110 Meter Hurdles

School:	14.00 R 1974	Jim Detwiler
Facility:	13.50 F 1977	Renaldo Nehemiah, USA Jr. Team
Meet:	13.64 M 3/30/2013	Dominic Berger, Adidas
'24 D1 East:	13.96 & 2024	D1 East Reg -Last-Mark-In

Name	School	Finals	Wind	H#
Finals				
1 Morales, Mason	George Mason	15.11	-1.6	1
2 Brightman, Isaiah	Vcu	15.26	-1.6	1
3 Brooks, Ryan	George Mason	15.33	-1.6	1
4 Walsh, Brian	William & Mary	15.35	-1.6	1
5 Albers, Gabriel	William & Mary	16.07	-1.6	1
6 Abe, Tele	Fdu	16.08	-3.7	2
7 Elam, DaRon	Fordham	16.10	-1.6	1
8 Sanders, Leo	Fdu	16.13	-2.7	3
9 Lynch, Christopher	Marist	16.24	-3.7	2
10 Osai, Chilowe	Catholic	16.35	-1.6	1
11 Pomer, George	Fordham	16.65	-3.7	2
12 Singh, Bikramjit	Fdu	16.71	-2.7	3
13 Hicks, Justice	Fdu	16.93	-2.7	3
14 Drost, Cayden	Catholic	17.26	-3.7	2
15 Olulande, Rilwan	Fdu	17.48	-3.7	2
16 Phillips, Josh	Catholic	18.69	-3.7	2
17 Parks, Michael	Buffalo	18.92	-1.6	1
18 Alati, James	Fordham	19.20	-2.7	3
--- Sparmo, Joey	Catholic	DNF	-3.7	2

Event 17 Women 400 Meter Hurdles

School:	1:01.89 R 2019	Haley Berkely
Facility:	57.90 F 3/25/2016	Latosha Wallace, Unattached
Meet:	57.90 M 3/25/2016	Latosha Wallace, Unattached
ECAC:	1:03.04 E	
'24 D1 East:	59.23 & 2024	D1 East Reg -Last-Mark-In

Name	School	Finals	H#
Finals			
1 Chambers, Ruth-Ann	Wagner	1:02.04 E	1
2 van Puffelen, Isa	Buffalo	1:02.96 E	1
3 Glidden, Avery	William & Mary	1:03.42	1
4 Byrnes, Brigid	Catholic	1:03.51	1
5 Robinson, Jaslyne	Radford	1:04.20	1
6 Brantley, Evelyn	William & Mary	1:04.89	1
7 Howard, Clare	William & Mary	1:04.91	1
8 Galligani, Gemma	Buffalo	1:05.05	2
9 Heinold, Sophie	Vcu	1:05.88	2
10 McConnell, Mia	Catholic	1:06.14	2

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Finals ... (Event 17 Women 400 Meter Hurdles)**

	Name	School	Finals	H#
11	Dougherty, Alexa	Delaware	1:06.25	2
12	Owens, Mackenzie	Delaware	1:06.98	2
13	Fizaoui, Salma	George Mason	1:07.71	3
14	Iseman, Caroline	William & Mary	1:08.42	2
15	McIvor, Kandace	Radford	1:09.12	3
16	Vo, Alicia	Catholic	1:09.42	2
17	Miles, Saniyah	Fdu	1:09.44	3
18	Hitchcock, Madeline	George Mason	1:11.21	3
19	Rhodes, Nyomi	Longwood	1:13.43	2
20	Smith, Erin	Richard Bland	1:14.13	3
21	Parazzi, Elisa	Wagner	1:14.66	3
22	Zanca, Jocelyn	Longwood	1:16.74	3
23	Pillow, Alyssa	Longwood	1:20.56	3

Event 18 Men 400 Meter Hurdles

School:	49.70 R 1969	Carl Wood
Facility:	50.62 F 1977	Paul Lankford, USA Jr. Team
Meet:	51.66 M 2018	Alfred Shirley, Virginia
IC4A:	53.24 I	
'24 D1 East:	51.78 & 2024	D1 East Reg -Last-Mark-In

	Name	School	Finals	H#
Finals				
1	Seekford, David	William & Mary	55.83	1
2	Joseph, Dean	Fdu	56.08	3
3	Rodney, Dante	Wagner	56.40	1
4	Brightman, Isaiah	Vcu	56.80	1
5	Okoli, Miracle	Marist	57.47	2
6	Scott, Trudale	Fdu	58.15	3
7	Lynch, Christopher	Marist	58.79	1
8	Singh, Bikramjit	Fdu	59.01	3
9	Seawright, Michael	Wagner	59.46	2
10	Duplissey, Tristan	Longwood	1:00.50	1
11	Troy, Nick	Catholic	1:01.19	1
12	Calhoun, Carson	Virginia Union	1:01.32	2
13	Cooke, Sienqu'e	Virginia Union	1:02.70	2
14	Drost, Cayden	Catholic	1:03.82	2
15	Phillips, Josh	Catholic	1:05.13	2
16	Childs, Jacob	Longwood	1:05.44	1
17	Brooks, Ryan	George Mason	1:06.71	1
---	Sparmo, Joey	Catholic	DNF	2

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Event 19 Women 3000 Meter Steeplechase****School: 10:02.94 R 2011****Nicol Traynor****Facility: 10:48.96 F 2019****Olivia Viparina, William & Mary****Meet: 10:48.96 M 2019****Olivia Viparina, James Madison****ECAC: 10:55.24 E****'24 D1 East: 10:25.55 & 2024****D1 East Reg -Last-Mark-In**

Name		School		Finals	
Finals					
1	Nabbus, Nourene	George Mason	11:00.43		
	46.873 (46.873) 2:14.436 (1:27.563)	3:42.280 (1:27.844) 5:10.158 (1:27.879)			
	6:38.537 (1:28.379) 8:07.977 (1:29.440)	9:37.343 (1:29.367) 11:00.423 (1:23.080)			
2	Medearis, Eliza	Buffalo	11:03.05		
	46.987 (46.987) 2:13.992 (1:27.005)	3:41.336 (1:27.344) 5:09.612 (1:28.277)			
	6:38.670 (1:29.058) 8:08.413 (1:29.744)	9:39.156 (1:30.743) 11:03.041 (1:23.885)			
3	Young, Lucy	William & Mary	11:09.48		
	47.232 (47.232) 2:14.781 (1:27.549)	3:43.297 (1:28.517) 5:11.612 (1:28.315)			
	6:40.916 (1:29.304) 8:11.075 (1:30.159)	9:42.238 (1:31.164) 11:09.472 (1:27.234)			
4	McGoey, Erin	Delaware	11:21.65		
	47.245 (47.245) 2:14.405 (1:27.160)	3:43.741 (1:29.337) 5:15.348 (1:31.608)			
	6:47.622 (1:32.274) 8:19.997 (1:32.375)	9:53.382 (1:33.385) 11:21.641 (1:28.259)			
5	McDonald, Allie	William & Mary	11:21.68		
	49.100 (49.100) 2:17.268 (1:28.169)	3:48.186 (1:30.918) 5:21.876 (1:33.690)			
	6:55.705 (1:33.829) 8:27.875 (1:32.170)	9:58.763 (1:30.889) 11:21.677 (1:22.914)			
6	Carter, Brianna	Buffalo	11:38.89		
	46.791 (46.791) 2:14.163 (1:27.373)	3:43.338 (1:29.175) 5:16.000 (1:32.662)			
	6:51.757 (1:35.758) 8:27.996 (1:36.239)	10:04.405 (1:36.409) 11:38.885 (1:34.480)			
7	Griggs, Annika	William & Mary	11:41.57		
	48.775 (48.775) 2:16.958 (1:28.184)	3:47.890 (1:30.932) 5:21.477 (1:33.588)			
	6:55.433 (1:33.957) 8:30.657 (1:35.224)	10:07.443 (1:36.787) 11:41.568 (1:34.125)			
8	Kuhlman, Katie	Delaware	11:44.77		
	48.126 (48.126) 2:15.615 (1:27.489)	3:45.193 (1:29.579) 5:18.112 (1:32.919)			
	6:57.238 (1:39.127) 8:35.198 (1:37.960)	10:11.357 (1:36.159) 11:44.768 (1:33.412)			
9	DeMichele, Elizabeth	Delaware	11:53.73		
	47.775 (47.775) 2:15.310 (1:27.535)	3:46.638 (1:31.329) 5:21.911 (1:35.273)			
	7:03.166 (1:41.255) 8:41.511 (1:38.345)	10:19.853 (1:38.343) 11:53.725 (1:33.872)			
10	McGroary, Ciara	Fordham	12:07.45		
	47.832 (47.832) 2:17.767 (1:29.935)	3:53.483 (1:35.717) 5:30.048 (1:36.565)			
	7:09.738 (1:39.690) 8:49.682 (1:39.944)	10:31.863 (1:42.182) 12:07.446 (1:35.583)			
11	Meier, Olivia	Longwood	12:28.79		
	49.651 (49.651) 2:19.861 (1:30.210)	3:58.890 (1:39.029) 5:39.008 (1:40.119)			
	7:22.577 (1:43.569) 9:06.266 (1:43.689)	10:48.536 (1:42.270) 12:28.782 (1:40.247)			

Event 20 Men 3000 Meter Steeplechase**School: 8:22.50 R 1980****Hillary Tuwei****Facility: 8:32.56 F 1980****Hillary Tuwei, Richmond****Meet: 8:56.51 M 3/28/2014****Dylan Sorensen, Georgetown****IC4A: 9:18.00 I****'24 D1 East: 8:54.31 & 2024****D1 East Reg -Last-Mark-In**

Name		School		Finals	
Finals					
1	Bond, Wesley	George Mason		8:59.42	I
	36.980 (36.980)	1:49.140 (1:12.160)	3:02.396 (1:13.257)	4:15.768 (1:13.372)	
	5:27.770 (1:12.003)	6:39.783 (1:12.013)	7:52.109 (1:12.327)	8:59.418 (1:07.309)	

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Finals ... (Event 20 Men 3000 Meter Steeplechase)**

Name	School	Finals
2 O'Neill, Daniel 37.711 (37.711) 1:50.155 (1:12.444) 3:03.256 (1:13.102) 4:18.584 (1:15.328) 5:32.880 (1:14.297) 6:47.756 (1:14.877) 8:03.255 (1:15.499) 9:14.115 (1:10.860)	American	9:14.12 I
3 DeRoussel, Alex 37.341 (37.341) 1:52.166 (1:14.825) 3:07.495 (1:15.329) 4:23.953 (1:16.458) 5:41.293 (1:17.340) 6:57.930 (1:16.638) 8:13.335 (1:15.405) 9:27.336 (1:14.002)	George Mason	9:27.34
4 Michaud, Cooper 39.146 (39.146) 1:53.798 (1:14.652) 3:11.518 (1:17.720) 4:28.673 (1:17.155) 5:45.778 (1:17.105) 7:02.316 (1:16.539) 8:19.718 (1:17.402) 9:32.845 (1:13.128)	American	9:32.85
5 Raney, Dylan 38.559 (38.559) 1:54.136 (1:15.578) 3:12.633 (1:18.497) 4:30.623 (1:17.990) 5:48.744 (1:18.122) 7:07.288 (1:18.544) 8:26.245 (1:18.958) 9:41.959 (1:15.714)	George Mason	9:41.96
6 Phillips, Kendall 37.096 (37.096) 1:49.835 (1:12.739) 3:05.389 (1:15.554) 4:23.745 (1:18.357) 5:44.403 (1:20.658) 7:05.698 (1:21.295) 8:26.183 (1:20.485) 9:45.121 (1:18.939)	Vcu	9:45.13
7 Messer, Daniel 38.966 (38.966) 1:54.194 (1:15.228) 3:11.588 (1:17.394) 4:29.131 (1:17.544) 5:47.959 (1:18.828) 7:08.229 (1:20.270) 8:28.733 (1:20.504) 9:46.364 (1:17.632)	American	9:46.37
8 Ruggles, Jared 39.230 (39.230) 1:57.275 (1:18.045) 3:19.656 (1:22.382) 4:41.415 (1:21.759) 6:05.263 (1:23.848) 7:31.044 (1:25.782) 8:55.193 (1:24.149) 10:18.309 (1:23.117)	George Mason	10:18.31
9 Blundell, Charlie 39.535 (39.535) 1:57.140 (1:17.605) 3:21.944 (1:24.804) 4:50.501 (1:28.558) 6:23.065 (1:32.564) 7:58.353 (1:35.288) 9:34.521 (1:36.169) 11:00.446 (1:25.925)	George Mason	11:00.45

Event 21 Women 4x100 Meter Relay

School:	46.14 R 2007	Hawkins, Major, Cottle, Young
Facility:	45.94 F 3/29/2014	VCU, VCU
Meet:	45.94 M 3/29/2014	V Hilaire-Lee, J Ewing, A Stroman, K Porter
ECAC:	47.50 E	VCU, VCU
'24 D1 East:	44.32 & 2024	V Hilaire-Lee, J Ewing, A Stroman, K Porter
Team	Relay	Finals

1 Fdu 1) Nwosu, Juline	2) Coulibaly, Tata	3) Blades, Nya	4) Lloyd, Sianna
2 Virginia Union 1) Chance, Reyani	2) Rolack, Christal	3) Porter, Taylor	4) Lee, Kayla
3 Fordham 1) Fallona, Caroline	2) Carroll, Riley	3) Chlorou, Ileana	4) Ritz, Kylie
4 Catholic 1) Clipper, Kortney	2) Schumacher, Sarah	3) Giampietro, Felicity	4) Burns, Megan
5 Marist 1) Florio, Nina	2) Dapont, Alyssa	3) Nielsen, Makenzy	4) McNamara, Breelyn
--- Wagner 1) Manneh, Christine	2) Chambers, Ruth-Ann	3) Petersen, Mia	4) Fernandez, June
--- Buffalo 1) Bhattacharjee, Uma	2) McDonald, Amber	3) Sampson, Sophia	4) Martinez, Hailey

2025 Fred Hardy Invitational - 3/21/2025

Robins Stadium, Fred Hardy Track

University of Richmond

Results

Event 22 Men 4x100 Meter Relay

School:	42.34	R	2005	Harris,Rubin,Mace,Mallory
Facility:	39.98	F	1977	USA Jr. Team, USA Jr. Team
				Nehemiah,Harbour,Smith,Taylor
Meet:	41.13	M	3/29/2014	Virginia Union, Virginia Uni
				B Charles, R Smith, M Morris, A Dooms
IC4A:	42.50	I		
'24 D1 East:	39.72	&	2024	D1 East Reg -Last-Mark-In
Team			Relay	Finals
Finals				
1	Wagner		A	41.66 R
	1) Keegan, Shawn	2) Mason, Jack	3) Singh, Arjanvir	4) Tatis, Julio
2	Virginia Union		A	41.71 R
	1) Steele, Elijah	2) Brown, Jeremiah	3) Palacious, Jeremiah	4) Wilson Jr., Darryl
3	Longwood		A	42.02 R
	1) Carter, Cullen	2) Goode, Justin	3) Duplissey, Tristan	4) Stewart, Ayden
4	Fordham		A	42.26 R
	1) Volz, Liam	2) Strain, Dakota	3) Coleman, Jonah	4) Abdul Latif, Njaminaweh
5	Buffalo		A	42.59
	1) Blair, Micah		3) Mellinger, Sam	4) Faldetta, Jack
6	Marist		A	45.75
	1) Mathis, Amari	2) Eberwein, Easton	3) Trocolar, Ryan	4) Washington, Simeon

Event 23 Women 4x400 Meter Relay

School:	3:41.40	R	2021	Woods,Helbling, Acosta, Fazio	
Facility:	3:42.55	F	2007	Seton Hall, Seton Hall	
				McCoy, Friday, Hayes, Martin	
Meet:	3:42.55	M	2007	Seton Hall	
ECAC:	3:50.24	E			
'24 D1 East:	3:37.53	&	2024	D1 East Reg -Last-Mark-In	
Team			Relay	Finals	H#
Finals					
1	Richmond		A	3:46.14 E	1
	1) Elliott, Morgan	2) Flanagan, Molly	3) Cummings, Gabrielle	4) Beringer, Ginny	
	1:53.984 (1:53.984)	2:50.913 (56.929)	3:46.140 (55.228)		
2	Richmond		B	3:49.93 E	2
	1) Lavelle, Nina	2) Clayton, Blaiklyn	3) van der Westhuizen, Elke	4) Mikusova, Darya	
	1:56.753 (1:56.753)	2:52.393 (55.640)	3:49.930 (57.538)		
3	Delaware		A	3:51.84	1
	1) Mims, Morgan	2) Dumas, Kadence	3) Manson, Sara	4) Leath, Lauren	
	1:59.089 (1:59.089)	2:56.546 (57.458)	3:51.838 (55.292)		
4	Richmond		C	3:55.76	2
	1) Whidbee, Cameron	2) Wise, Molly	3) Buback, Kayla	4) Bolesh, Ashley	
	1:59.265 (1:59.265)	2:58.075 (58.810)	3:55.754 (57.679)		
5	Richmond		D	3:57.17	1
	1) Lyons, Morgan	2) Miller, Dylan	3) Blaylock, Izzy	4) Bruce, Aylin	
	1:58.406 (1:58.406)	2:56.766 (58.360)	3:57.170 (1:00.404)		
6	Vcu		A	4:02.38	2
	1) Jones, Kyndal	2) Pate, Jaylin	3) Evans, Jordyn	4) Heinold, Sophie	
	2:00.443 (2:00.443)	2:59.617 (59.174)	4:02.373 (1:02.757)		
7	Richard Bland		A	4:03.12	1
	1) Muse, J'Miaya	2) Miller, Breshauna	3) Fisher, Michaelyn	4) Cooper, Shyla	
	2:00.700 (2:00.700)	3:01.421 (1:00.722)	4:03.120 (1:01.699)		

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Finals ... (Event 23 Women 4x400 Meter Relay)**

Team	Relay	Finals	H#
8 Catholic	A	4:03.79	1
1) McConnell, Mia	2) Byrnes, Brigid	3) Grassi, Alexa	4) Vo, Alicia
2:00.834 (2:00.834)	3:01.395 (1:00.562)	4:03.790 (1:02.395)	
9 William & Mary	A	4:04.00	2
1) Folk, Nya	2) McSweeney, Anne	3) Miller, Chloe	4) Wallis, Lydia
2:03.570 (2:03.570)	3:04.188 (1:00.618)	4:03.998 (59.810)	
10 George Mason	A	4:07.51	1
1) Banks, Mackenzie	2) Elchenko, Brenna	3) Hitchcock, Madeline	4) Fizaoui, Salma
2:01.768 (2:01.768)	3:06.308 (1:04.540)	4:07.509 (1:01.202)	
11 Delaware	B	4:09.73	1
1) Sharp, Sarah	2) Owens, Mackenzie	3) Smalley, Hannah	4) Dougherty, Alexa
2:05.611 (2:05.611)	3:07.954 (1:02.343)	4:09.721 (1:01.768)	
12 Marist	A	4:10.64	2
1) Hawkins, Kayla	2) Mirabile, Julianna	3) Stanet, Raven	4) LaCapra, Grace
2:01.030 (2:01.030)	3:03.385 (1:02.355)	4:10.633 (1:07.248)	
13 Fordham	A	4:12.77	2
1) Keefe, Kathleen	2) Raimy, Lauren	3) Roche, Catherine	4) Smith, Alexis
2:05.712 (2:05.712)	3:09.440 (1:03.729)	4:12.770 (1:03.330)	
14 Longwood	A	4:16.79	3
1) Rhodes, Nyomi	2) Jenkins, Mayson	3) Samuels, Taylor	4) Arevalo, Liliana
2:09.682 (2:09.682)	3:15.797 (1:06.115)	4:16.782 (1:00.985)	
15 Virginia Union	A	4:23.30	2
1) Barnes, Rhea	2) Randell, Nia	3) Fort, Nykia	4) Blount, Nyjeria
2:09.170 (2:09.170)	3:15.103 (1:05.933)	4:23.292 (1:08.189)	
16 Longwood	B	4:37.49	3
1) Zanca, Jocelyn	2) Pillow, Alyssa	3) Meier, Olivia	4) Farley, Sophie
2:18.470 (2:18.470)	3:35.585 (1:17.115)	4:37.488 (1:01.904)	
--- Vcu	B	DNF	2
1) Wiggins, Amaya	2) Carroll, Jayanna	3) Yang, Sidney	4) Lothian, Abigail
2:02.528 (2:02.528)	3:05.593 (1:03.065)		

Event 24 Men 4x400 Meter Relay

School: 3:10.40 R 1981 Koech,Kipkorir,Norgate,Spooner
Facility: 3:07.26 F 1977 USA Jr. Team, USA Jr. Team
Meet: 3:11.16 M 3/30/2013 Brown,Jones,McCoy,Tufariello
IC4A: 3:16.00 I Pierce Track Club, Pierce Track Clu

'24 D1 East: 3:07.51 & 2024 D1 East Reg -Last-Mark-In

Team	Relay	Finals	H#
Finals			
1 Fordham	A	3:17.77	1
1) Callaghan, Kevin	2) Lindsay, Nelson	3) Nurse, Matthew	4) Freeman, Sam
1:39.076 (1:39.076)	2:29.437 (50.362)	3:17.762 (48.325)	
2 George Mason	A	3:20.47	1
1) Gibson, Anthony	2) Raney, Dylan	3) Hymans, Caleb	4) Koontz, Lance
1:41.336 (1:41.336)	2:31.698 (50.363)	3:20.466 (48.768)	
3 Fdu	A	3:20.70	1
1) Joseph, Dean	2) Gresham, Joshua	3) Barreto, Brandon	4) Schwabik, Liam
1:39.429 (1:39.429)	2:30.311 (50.882)	3:20.698 (50.388)	
4 Catholic	A	3:26.89	1
1) Troy, Nick	2) Stypul, Gabe	3) Indelicato, Marco	4) Randolph, Romell
1:43.856 (1:43.856)	2:35.027 (51.172)	3:26.884 (51.858)	

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Finals ... (Event 24 Men 4x400 Meter Relay)**

Team	Relay	Finals	H#
5 Fdu	B	3:29.26	1
1) Hicks, Justice	2) Scott, Trudale	4) Lopez, Chase	
1:44.652 (1:44.652)	2:37.059 (52.408)	3:29.252 (52.193)	
6 Longwood	A	3:31.66	1
1) Macklin, Logan	2) Mcgee, Elijah	4) Smith, Chris	
1:48.774 (1:48.774)	2:40.556 (51.782)	3:31.659 (51.104)	
7 Fordham	B	3:33.15	1
1) Bauman, Anan	2) Spierdowis, Will	4) Pomer, George	
1:46.956 (1:46.956)	2:41.584 (54.629)	3:33.149 (51.565)	
8 Marist	A	3:36.27	2
1) Stewart, Marcel	2) Viswanathan, Neel	4) Sierra, Josiah	
1:48.050 (1:48.050)	2:42.355 (54.305)	3:36.268 (53.913)	
9 Catholic	B	3:39.11	2
1) Phillips, Josh	2) Matthews, Colin	4) Sparmo, Joey	
1:50.056 (1:50.056)	2:44.519 (54.463)	3:39.101 (54.583)	

Event 25 Women Shot Put

School: 14.21m R 2007 Kristin Crawford
 Facility: 16.29m F 3/29/2013 Nadia Alexander, QuickStars
 Meet: 16.29m M 3/29/2013 Nadia Alexander, QuickStars
 ECAC: 13.70m E

'24 D1 East: 15.24m & 2024 D1 East Reg -Last-Mark-In

Name	School	Finals	H#
Finals			
1 Wiltshire, Nilaja	Fdu	14.58m R	2
2 Ayeni, Olamide	Delaware	14.41m R	2
3 Jackson, Emarie	Delaware	13.74m E	2
4 Balk, Bernice	Buffalo	11.79m	2
5 Cooley, Sarah	Fordham	11.65m	2
6 Johnson, Ella	Fdu	11.18m	2
7 Rosser, Mya	Radford	10.70m	1
8 Babbs, Logan	Radford	10.57m	2
9 Male, Amela	George Mason	9.91m	1
10 Hollowell, Emoniee	Virginia Union	9.70m	1
11 Ruvo, Leia	Fordham	9.18m	1
12 Maxwell, Molly	Catholic	9.05m	1
13 Murphy, Grace	Marist	8.74m	1
14 Riddle, Bethany	Catholic	8.69m	1
15 Queen, Kaitlyn	Hagerstown CC	7.72m	1
16 Bush, Sierra	Virginia Union	7.67m	1

Event 26 Men Shot Put

School: 16.24m R 2001 Justin McElfish
 Facility: 18.35m F 1977 Aleksandr Stepankov, USSR Jr. Team
 Meet: 17.97m M 2017 Devon Patterson, Shippensburg
 IC4A: 15.85m I

'24 D1 East: 17.80m & 2024 D1 East Reg -Last-Mark-In

Name	School	Finals	H#
Finals			
1 Walker, Aiden	Buffalo	15.55m	2
2 Jones, Zachary	Virginia Union	15.29m	2

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Finals ... (Event 26 Men Shot Put)**

	Name	School	Finals	H#
3	Bodner, Bryson	Buffalo	14.72m	2
4	Bazzichi, Ross	William & Mary	14.56m	2
5	Echols, Brady	William & Mary	14.50m	2
6	Cade, Darien	Fdu	14.39m	2
7	Simms, Franklin	Wagner	14.38m	2
8	Tate, Tajhir	Virginia Union	14.12m	2
9	Simmons, Quintus	Buffalo	13.61m	2
10	Portis, Cameron	George Mason	12.77m	1
11	Krugh, Dylan	George Mason	12.51m	2
12	Wilson, Jabari	Virginia Union	12.46m	1
13	Varellas, James	Catholic	11.80m	1
14	Taylor, Jordan	Richard Bland	11.35m	1
15	Saunders, Alex	Catholic	10.78m	1
16	Burgos, Charlie	Hagerstown CC	10.64m	1
17	Taylor, Patrick	Richard Bland	10.19m	1
18	Enamorado, Mark	Catholic	10.03m	1
19	Gillis, Warren	Catholic	9.75m	1
20	Carmichael, Ethan	Catholic	9.68m	1

Event 27 Women Hammer Throw

School: 57.03m R 2012 Meaghan McGovern
Facility: 58.99m F 3/22/2024 Keeley Suzenski, William & Mary
Meet: 58.99m M 3/22/2024 Kelsey Suzenski, William & Mary
ECAC: 51.00m E

'24 D1 East: 57.88m & 2024 D1 East Reg -Last-Mark-In
Name **School** **Finals**

Finals

1	Stephens, Mackenzie	Delaware	50.24m
2	Axelrod, Sophia	Delaware	47.66m
3	Anderson, Talia	William & Mary	47.35m
4	Giordano, Maya	Delaware	47.19m
5	White, Loretta	Buffalo	46.46m
6	Rodriquez, Dayana	Wagner	46.29m
7	Babbs, Logan	Radford	46.14m
8	Jackson, Emarie	Delaware	43.99m
9	Male, Amela	George Mason	37.84m
10	Rosser, Mya	Radford	37.60m
11	Cooley, Sarah	Fordham	36.97m
12	Rodriguez, Adriana	Vermont	33.65m
13	Geib, Erin	Vermont	33.52m
---	Jordan, Mikaela	George Mason	FOUL

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Event 28 Men Hammer Throw****School: 52.83m R 1979****Facility: 70.43m F 1977****Meet: 60.95m M 2006****IC4A: 53.00m I****'24 D1 East: 61.23m & 2024****Chris Gooch****Sergei Litvinov, USSR Jr. Team****Jaroslav Zakrzewski, Kent State****D1 East Reg -Last-Mark-In**

Name	School	Finals
Finals		
1 Pocesta, Adrian	Wagner	53.15m I
2 Milillo, Christopher	Wagner	51.93m
3 Gulloso, Kenneth	Buffalo	51.63m
4 Boone, Dequan	Virginia Union	45.58m
5 Butler, Timothy	Virginia Union	42.15m
6 Taylor, Patrick	Richard Bland	40.75m
7 Krugh, Dylan	George Mason	37.01m
8 Taylor, Jordan	Richard Bland	32.92m
9 Portis, Cameron	George Mason	28.18m

Event 29 Women Discus Throw**School: 49.86m R 2011****Facility: 51.44m F 3/26/2016****Meet: 51.44m M 3/26/2016****ECAC: 43.00m E****'24 D1 East: 50.56m & 2024****Monica Howard****Michelle Wallerstedt, Unattached****Michelle Wallerstedt, Virginia****D1 East Reg -Last-Mark-In**

Name	School	Finals
Finals		
1 Alexander, Samantha	Vermont	40.83m
2 Jackson, Emarie	Delaware	40.47m
3 Axelrod, Sophia	Delaware	40.10m
4 Rodriguez, Adriana	Vermont	36.20m
5 Rosser, Mya	Radford	34.87m
6 Cooley, Sarah	Fordham	34.08m
7 Wiltshire, Nilaja	Fdu	33.38m
8 Ayeni, Olamide	Delaware	33.18m
9 Babbs, Logan	Radford	32.79m
10 Male, Amela	George Mason	30.66m
11 Maxwell, Molly	Catholic	29.62m
12 Riddle, Bethany	Catholic	27.58m
13 Hollowell, Emoniee	Virginia Union	22.87m
14 Jordan, Mikaela	George Mason	22.18m
15 Queen, Kaitlyn	Hagerstown CC	20.78m
16 Bush, Sierra	Virginia Union	20.49m

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Event 30 Men Discus Throw****School: 49.60m R 2008****Pierre Turner****Facility: 60.72m F 3/30/2013****James Plummer, Rutgers****Meet: 60.72m M 3/30/2013****James Plummer, Rutgers****IC4A: 47.50m I****'24 D1 East: 54.13m & 2024****D1 East Reg -Last-Mark-In**

Name	School	Finals
Finals		
1 Walker, Aiden	Buffalo	51.59m R
2 Simms, Franklin	Wagner	46.66m
3 Jones, Zachary	Virginia Union	45.99m
4 Portis, Cameron	George Mason	44.49m
5 Bazzichi, Ross	William & Mary	44.01m
6 Butler, Timothy	Virginia Union	43.63m
7 Lammi, Eli	Vermont	43.59m
8 Cade, Darien	Fdu	43.43m
9 Wilson, Micheal	Virginia Union	37.20m
10 Krugh, Dylan	George Mason	36.27m
11 Taylor, Patrick	Richard Bland	34.91m
12 Taylor, Jordan	Richard Bland	33.21m
13 Milillo, Christopher	Wagner	32.78m
14 Burgos, Charlie	Hagerstown CC	29.95m
15 Carmichael, Ethan	Catholic	27.20m
16 Gillis, Warren	Catholic	24.66m
--- Enamorado, Mark	Catholic	FOUL

Event 31 Women Javelin Throw**School: 48.08m R 2011****Heather Roush****Facility: 48.08m F 2011****Heather Roush, Richmond****Meet: 48.08m M 2011****Heather Roush, Richmond****ECAC: 41.00m E****'24 D1 East: 44.99m & 2024****D1 East Reg -Last-Mark-In**

Name	School	Finals
Finals		
1 Schmitt, Rachel	Delaware	41.83m E
2 Barr, Olivia	Potomac Valley TC	39.84m
3 Conway, Laurel	Delaware	39.55m
4 Reiner, Morgan	Delaware	38.62m
5 Johnson, Ella	Fdu	33.73m
6 Lane, Jade	Virginia Union	31.39m
7 Murphy, Grace	Marist	28.92m
8 Queen, Kaitlyn	Hagerstown CC	16.55m
--- Wapshare, Emma	Vermont	FOUL

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Event 32 Men Javelin Throw****School: 60.60m R 2010****Facility: 77.42m F 1980****Meet: 67.36m M 2009****IC4A: 58.50m I****'24 D1 East: 62.84m & 2024****Cris Eccleston****Mike Juskus, Glassboro State****Brandon Heroux, William and Mary****D1 East Reg -Last-Mark-In**

Name		School	Finals
Finals			
1	Lafortune, Raiden	William & Mary	60.70m R
2	Ust, Alex	William & Mary	56.74m
3	Moses, Conor	Vermont	55.06m
4	Alati, James	Fordham	50.09m
5	Cade, Darien	Fdu	49.61m
6	Pomer, George	Fordham	48.30m
7	Shaull, Tanyon	Hagerstown CC	45.10m
8	Lopez, Caden	Catholic	42.55m
9	Lindung, Max	Catholic	40.74m
10	Saunders, Alex	Catholic	37.20m
11	Varellas, James	Catholic	36.66m
12	Wilson, Jabari	Virginia Union	30.71m
13	Haughton, Rayvar	Virginia Union	29.20m
14	Burgos, Charlie	Hagerstown CC	27.98m

Event 33 Women High Jump**School: 1.70m R 2008****Facility: 1.70m F 3/30/2012****Meet: 1.70m M 3/30/2012****ECAC: 1.70m E****'24 D1 East: 1.76m & 2024****Megan Ney****Erin Flick, Shippensburg****Erin Flick, Shippensburg****D1 East Reg -Last-Mark-In**

Name		School	Finals
Finals			
1	Ellsworth, Adriana	Buffalo	1.65m
2	Arakelian, Zoe	Fordham	1.60m
3	Cruz, Jade	Fdu	1.55m
3	Parazzi, Elisa	Wagner	1.55m
5	Fujita, Lexi	Fordham	J1.55m
6	Duke, Brooke	Delaware	J1.55m
7	Sharp, Sarah	Delaware	1.50m
7	Shaffery, Madison	Delaware	1.50m
7	Washington, Mariah	Vcu	1.50m
7	Skoglund, Kyra	George Mason	1.50m
7	Neiburg, Libby	Delaware	1.50m
12	Hitchcock, Madeline	George Mason	J1.50m
---	Chance, Reyani	Virginia Union	NH
---	Vo, Alicia	Catholic	NH
---	Shipp, Nayome	Vcu	NH

2025 Fred Hardy Invitational - 3/21/2025

Robins Stadium, Fred Hardy Track

University of Richmond

Results

Event 34 Men High Jump

School: 1.98m R

Facility: 2.33m F 1977

Meet: 2.21m M 3/30/2013

IC4A: 2.06m I

'24 D1 East: 2.10m & 2024

Walton,Rac,October,Elswick,Armstrong,Li

Vladimer Yashchenks, USSR Jr. Team

Hoova Taylor, Unattached

D1 East Reg -Last-Mark-In

Name	School	Finals
Finals		
1 Watkins, Kharlin	Wagner	2.00m R
2 Ruffin, Ethan	Fdu	1.95m
2 Cardichon, Ryan	Buffalo	1.95m
4 Elam, DaRon	Fordham	J1.95m
4 Johnson, Jeremiah	Vcu	J1.95m
6 Mitchell, Nathaniel	Vcu	1.90m
7 Cooke, Sienqu'e	Virginia Union	J1.90m
8 Ekoko, Jayden	Fdu	J1.90m
8 Calhoun, Carson	Virginia Union	J1.90m
10 Darboe, Lasana	Wagner	1.85m
--- Pearson, Robert	Virginia Union	NH
--- Brown, Tyshawyn	Virginia Union	NH
--- Coleman, Branden	Wagner	NH
--- Finger, Calvin	Buffalo	NH
--- Taylor Iii., Gregory	Virginia Union	NH
--- Olulande, Rilwan	Fdu	NH
--- Nobles, Prodigy	Hagerstown CC	NH
--- Brubaker, Quinn	Catholic	NH

Event 35 Women Pole Vault

School: 3.50m R 2015

Facility: 4.25m F 2018

Meet: 4.25m M 2018

ECAC: 3.70m E

'24 D1 East: 4.00m & 2024

Sarah Timko

Bridget Guy

Bridget Guy, William & Mary

D1 East Reg -Last-Mark-In

Name	School	Finals
Finals		
1 Strobach, Elizabeth	William & Mary	3.80m E
2 Sitkowski, Olesya	William & Mary	3.70m E
3 Kimener, Kerrigan	William & Mary	3.55m R
4 Mays, Sidney	George Mason	3.35m
5 Basewitz, Fiona	William & Mary	3.20m
6 Carney, Michaela	Hagerstown CC	3.05m
--- Capani, Saranda	Wagner	NH
--- Siracusa, Nicolina	Wagner	NH
--- Fuerst, Madi	Catholic	NH
--- Hoban, Aileen	Wagner	NH
--- Gunter, Brooke	George Mason	NH

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Event 36 Men Pole Vault****School: 4.42m R 1974****Facility: 5.20m F 2005****Meet: 5.20m M 2005****IC4A: 4.85m I****'24 D1 East: 5.12m & 2024****Jim Tucker****Sullivan/UVA,Higham****Sullivan/UVA-Higham/Pittsburgh****D1 East Reg -Last-Mark-In**

Name	School	Finals
Finals		
1 Martinez, Julio	Wagner	4.60m R
2 Njerve, Eskil	Wagner	4.40m
3 Shockry, Amir	Wagner	4.00m
--- Bailey, Wyattte	William & Mary	NH
--- Mintz, John	William & Mary	NH
--- Advento, Simon	Marist	NH

Event 37 Women Long Jump**School: 6.21m R 2024****Facility: 6.07m F 3/31/2012****Meet: 6.07m M 3/31/2012****ECAC: 5.90m E****'24 D1 East: 6.14m & 2024****Alicia Dawson****Tacquaya Tobias, Duquesne****Tacquaya Tobias, Duquesne****D1 East Reg -Last-Mark-In**

Name	School	Finals	Wind	H#
Finals				
1 Wise, Molly	Richmond	6.12m F	1.6	3
2 van Puffelen, Isa	Buffalo	5.66m	NWI	2
3 Fisher, Michaelyn	Richard Bland	5.56m	NWI	1
4 James, Anijah	Richard Bland	5.49m	0.4	3
5 Bhattacharjee, Uma	Buffalo	5.42m	+0.0	3
6 Petersen, Mia	Wagner	5.38m	+0.0	3
7 Manson, Sara	Delaware	5.37m	+0.0	3
8 Neureuther, Linnea	Buffalo	5.33m	NWI	2
9 Cooper, Shyla	Richard Bland	5.26m	NWI	2
10 Whidbee, Cameron	Richmond	5.21m	NWI	2
10 Perry, Krista	Buffalo	5.21m	0.2	3
12 Lane, Jade	Virginia Union	5.19m	+0.0	3
12 Williams, Amiyah	Fdu	5.19m	+0.0	3
14 Nelson, Makayla	Radford	5.10m	0.9	3
15 Lothian, Abigail	Vcu	5.06m	NWI	1
16 Taylor, Aliyah	Radford	4.98m	NWI	2
17 Baumann, Chali	Delaware	4.96m	NWI	2
18 Gontowicz, Victoria	Wagner	4.91m	NWI	1
19 Duke, Brooke	Delaware	4.83m	NWI	1
20 DeRouen, Yakira	Fdu	4.69m	NWI	2
21 Yabit, Agathe	Wagner	4.66m	NWI	2
22 Quashne, Kate	Catholic	4.62m	NWI	1
23 Garrison, Angell	Virginia Union	4.57m	NWI	1
24 Tomasek, Edith	Catholic	4.51m	NWI	1
25 Hatcher, Jada	Richard Bland	4.49m	NWI	1
26 Driscoll, Erin	Catholic	4.24m	NWI	1
27 Maxwell, Madison	Wagner	4.15m	NWI	1

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Finals ... (Event 37 Women Long Jump)**

Name	School	Finals	Wind	H#
28 Biondi, Veronica	Catholic	3.93m	NWI	1
--- Furtick, Taliyah	Fdu	FOUL		3

Event 38 Men Long Jump

School:	7.65m	R	1971	Norman Williams
Facility:	7.75m	F	3/28/2008	Anthony Wallace, Unattached
Meet:	7.75m	M	3/28/2008	Anthony Wallace, Unattached
IC4A:	7.05m	I		
'24 D1 East:	7.54m	&	2024	D1 East Reg -Last-Mark-In

Name	School	Finals	Wind	H#
Finals				
1 Wiggins, Zalen	Richard Bland	7.33m I	1.3	2
2 Blair, Micah	Buffalo	7.10m I	0.3	2
3 Palacious, Jeremiah	Virginia Union	7.09m I	+0.0	2
4 Watkins, Kharlin	Wagner	7.05m I	0.9	2
5 Mason, Jack	Wagner	6.94m	1.3	2
6 Brown, Khalid	Wagner	6.74m	0.5	2
7 Lawless, Ty	Wagner	6.71m	1.5	2
8 Ekoko, Jayden	Fdu	6.55m	0.3	2
9 Fitzner, Matthew	Longwood	6.46m	1.1	1
10 Heredia, Ramsey	Marist	6.43m	+0.0	2
11 Kleppel, Justin	Buffalo	6.36m	1.0	2
12 Kersey, Jashad	Fdu	6.23m	1.5	1
13 Jones, Kristoffer	Richard Bland	6.22m	0.5	2
14 Darboe, Lasana	Wagner	6.18m	1.7	1
15 Taylor Iii., Gregory	Virginia Union	6.04m	1.5	1
16 Mercado, Christian	Fdu	5.98m	0.1	1
17 Pearson, Robert	Virginia Union	5.95m	0.7	1
18 Coleman, Branden	Wagner	5.91m	0.2	1
19 Chang, Nick	Catholic	5.50m	NWI	1
20 Hancock, Brandon	Catholic	5.42m	0.1	1
21 Pinnock, Jayvien	Virginia Union	5.38m	0.1	1
--- Menechino, Matthew	Wagner	FOUL		1

Event 39 Women Triple Jump

School:	12.68m	R	2024	Alicia Dawson
Facility:	13.41m	F	3/29/2013	Ayanna Alexander, Unattached
Meet:	13.41m	M	3/29/2013	Ayanna Alexander, Unattached
ECAC:	12.00m	E		
'24 D1 East:	12.62m	&	2024	D1 East Reg -Last-Mark-In

Name	School	Finals	Wind	H#
Finals				
1 Abraham, Dana	William & Mary	11.36m	-2.2	2
2 Hall, Amari	Buffalo	11.11m	-1.4	2
3 James, Anijah	Richard Bland	11.04m	-0.3	2
4 Manetovic, Alexandra	Fordham	10.94m	1.6	2
5 Gibson, Gabriela	George Mason	10.84m	-1.3	2
6 Amoyaw, Katriel	William & Mary	10.81m	NWI	1
7 Yabit, Agathe	Wagner	10.71m	NWI	1

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Finals ... (Event 39 Women Triple Jump)**

	Name	School	Finals	Wind	H#
7	Furtick, Taliyah	Fdu	10.71m	-1.2	1
9	Garcia, Julia	Wagner	10.56m	-0.6	2
10	DeRouen, Yakira	Fdu	10.38m	-2.0	2
11	Smith, Erin	Richard Bland	10.33m	+0.0	1
11	Holbrook, Ashley	Fordham	10.33m	-1.0	1
13	Parkhomenko, Ielyzaveta	George Mason	10.17m	1.5	2
14	Cruz, Jade	Fdu	10.15m	NWI	2
15	Gontowicz, Victoria	Wagner	10.03m	0.8	1
16	Vo, Alicia	Catholic	9.81m	+0.0	1
---	Quashne, Kate	Catholic	FOUL		1
---	Tomasek, Edith	Catholic	FOUL		1
---	Williams, Amiyah	Fdu	FOUL		2
---	Garrison, Angell	Virginia Union	FOUL		1
---	Maxwell, Madison	Wagner	FOUL		1

Event 40 Men Triple Jump**School: 14.86m R 2002****Facility: 16.27m F 1977****Meet: 15.76m M 2013****IC4A: 14.15m I****'24 D1 East: 15.85m & 2024****Joe Mallory****Gennadiy Vayukovitch****Olumide Olamigoke****D1 East Reg -Last-Mark-In**

	Name	School	Finals	Wind
Finals				
1	Hamlett, Jaleal	Virginia Union	14.09m	-0.6
2	Jones, Kristoffer	Richard Bland	14.03m	NWI
3	Kersey, Jashad	Fdu	13.76m	-0.6
4	Fitzner, Matthew	Longwood	13.70m	0.1
5	Palacious, Jeremiah	Virginia Union	13.66m	-0.3
6	McCormick, Joshua	William & Mary	13.54m	0.3
7	Blair, Micah	Buffalo	13.04m	-2.2
8	Brown, Tyshawyn	Virginia Union	12.84m	-0.9
---	Taylor Iii,, Gregory	Virginia Union	FOUL	
---	Watkins, Kharlin	Wagner	FOUL	
---	Lawless, Ty	Wagner	FOUL	
---	Chang, Nick	Catholic	FOUL	
---	Mercado, Christian	Fdu	FOUL	
---	Villatoro, Adrian	Catholic	FOUL	
---	Wiggins, Zalen	Richard Bland	FOUL	
---	Pinnock, Jayvien	Virginia Union	FOUL	
---	Brown, Khalid	Wagner	FOUL	

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Event 55 Women 5000 Meter Run Seeded****School: 16:06.15 R 2011****Amy VanAlstine****Facility: 17:02.83 F 3/17/2023****Sofia Istnick, Virginia****Meet: 17:02.80 M 3/17/2023****Sofia Istnick, William & Mary**

Name		School		Finals	
Finals					
1	DeBoer, Arianna	William & Mary		17:37.98	
	43.457 (43.457)	2:09.368 (1:25.912)	3:34.252 (1:24.884)	4:58.829 (1:24.578)	
	6:24.684 (1:25.855)	7:49.362 (1:24.678)	9:12.908 (1:23.547)	10:38.544 (1:25.637)	
	12:02.728 (1:24.184)	13:27.067 (1:24.339)	14:52.292 (1:25.225)	16:17.287 (1:24.995)	
	17:37.974 (1:20.688)				
2	Starr, Rachel	Delaware		17:39.74	
	41.738 (41.738)	2:06.820 (1:25.083)	3:33.415 (1:26.595)	4:58.315 (1:24.900)	
	6:24.729 (1:26.414)	7:50.023 (1:25.294)	9:15.850 (1:25.828)	10:38.978 (1:23.128)	
	12:03.147 (1:24.169)	13:28.994 (1:25.848)	14:55.199 (1:26.205)	16:21.100 (1:25.902)	
	17:39.737 (1:18.637)				
3	Holland, Kyra	William & Mary		17:44.95	
	42.693 (42.693)	2:08.594 (1:25.902)	3:33.804 (1:25.210)	4:58.207 (1:24.403)	
	6:24.063 (1:25.857)	7:49.289 (1:25.227)	9:13.308 (1:24.019)	10:39.187 (1:25.879)	
	12:03.578 (1:24.392)	13:28.617 (1:25.039)	14:54.779 (1:26.163)	16:20.848 (1:26.069)	
	17:44.947 (1:24.099)				
4	Eshelman, Danielle	Delaware		17:49.64	
	42.000 (42.000)	2:07.098 (1:25.098)	3:33.732 (1:26.634)	4:58.765 (1:25.034)	
	6:25.204 (1:26.439)	7:50.250 (1:25.047)	9:16.144 (1:25.894)	10:41.415 (1:25.272)	
	12:07.417 (1:26.002)	13:35.993 (1:28.577)	15:05.010 (1:29.018)	16:30.447 (1:25.437)	
	17:49.638 (1:19.192)				
5	Weithman, Molly	William & Mary		17:52.81	
	43.185 (43.185)	2:09.058 (1:25.873)	3:34.292 (1:25.234)	4:58.545 (1:24.254)	
	6:24.537 (1:25.992)	7:49.545 (1:25.009)	9:13.482 (1:23.937)	10:39.303 (1:25.822)	
	12:04.159 (1:24.857)	13:29.828 (1:25.669)	14:58.904 (1:29.077)	16:26.804 (1:27.900)	
	17:52.808 (1:26.004)				
6	Garrison, Catherine	William & Mary		17:52.85	
	42.987 (42.987)	2:08.899 (1:25.913)	3:34.569 (1:25.670)	4:58.395 (1:23.827)	
	6:24.372 (1:25.977)	7:49.570 (1:25.199)	9:13.752 (1:24.182)	10:39.465 (1:25.714)	
	12:03.977 (1:24.512)	13:29.645 (1:25.669)	14:57.725 (1:28.080)	16:26.174 (1:28.449)	
	17:52.844 (1:26.670)				
7	Underwood, Bryn	American		17:55.54	
	41.270 (41.270)	2:06.149 (1:24.879)	3:32.913 (1:26.764)	4:58.590 (1:25.678)	
	6:25.002 (1:26.412)	7:50.552 (1:25.550)	9:15.364 (1:24.813)	10:40.679 (1:25.315)	
	12:07.154 (1:26.475)	13:35.387 (1:28.233)	15:04.618 (1:29.232)	16:32.555 (1:27.938)	
	17:55.532 (1:22.977)				
8	Inglis, Kate	Catholic		17:58.62	
	42.135 (42.135)	2:07.215 (1:25.080)	3:33.715 (1:26.500)	4:58.965 (1:25.250)	
	6:25.230 (1:26.265)	7:50.439 (1:25.209)	9:14.647 (1:24.208)	10:40.100 (1:25.454)	
	12:07.704 (1:27.604)	13:36.585 (1:28.882)	15:05.208 (1:28.623)	16:34.209 (1:29.002)	
	17:58.615 (1:24.407)				
9	Sinclair, Katie	Unattached		18:04.15	
	41.790 (41.790)	2:08.135 (1:26.345)	3:34.860 (1:26.725)	5:01.133 (1:26.273)	
	6:27.097 (1:25.964)	7:53.355 (1:26.259)	9:21.832 (1:28.477)	10:50.340 (1:28.509)	
	12:19.643 (1:29.303)	13:49.005 (1:29.363)	15:17.530 (1:28.525)	16:44.870 (1:27.340)	
	18:04.149 (1:19.279)				
10	Dobrinski, Tessa	William & Mary		18:06.44	
	41.874 (41.874)	2:09.729 (1:27.855)	3:35.170 (1:25.442)	5:00.282 (1:25.112)	
	6:26.164 (1:25.883)	7:51.684 (1:25.520)	9:17.907 (1:26.223)	10:46.688 (1:28.782)	
	12:15.944 (1:29.257)	13:45.927 (1:29.983)	15:17.312 (1:31.385)	16:45.867 (1:28.555)	
	18:06.433 (1:20.567)				

2025 Fred Hardy Invitational - 3/21/2025

Robins Stadium, Fred Hardy Track

University of Richmond

Results

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Finals ... (Event 55 Women 5000 Meter Run Seeded)**

Name	School	Finals
11 Morley, Kirsten	Longwood	18:10.40
42.515 (42.515) 2:09.388 (1:26.873) 3:35.090 (1:25.703) 4:59.924 (1:24.834)		
6:25.974 (1:26.050) 7:51.809 (1:25.835) 9:17.127 (1:25.318) 10:46.263 (1:29.137)		
12:17.509 (1:31.247) 13:48.309 (1:30.800) 15:17.662 (1:29.353) 16:46.525 (1:28.864)		
18:10.392 (1:23.867)		
12 Rector, Zoe	American	18:12.34
42.590 (42.590) 2:08.957 (1:26.367) 3:34.627 (1:25.670) 4:59.519 (1:24.893)		
6:25.457 (1:25.938) 7:50.268 (1:24.812) 9:16.114 (1:25.847) 10:45.314 (1:29.200)		
12:16.197 (1:30.883) 13:46.298 (1:30.102) 15:18.049 (1:31.752) 16:49.132 (1:31.083)		
18:12.339 (1:23.208)		
13 Danilovitz, Lacey	Buffalo	18:14.31
42.808 (42.808) 2:09.150 (1:26.343) 3:34.917 (1:25.767) 4:59.832 (1:24.915)		
6:25.954 (1:26.123) 7:51.035 (1:25.082) 9:16.517 (1:25.482) 10:44.329 (1:27.813)		
12:12.512 (1:28.183) 13:41.699 (1:29.188) 15:11.739 (1:30.040) 16:44.175 (1:32.437)		
18:14.308 (1:30.133)		
14 Istnick, Sofia	William & Mary	18:15.85
43.794 (43.794) 2:11.319 (1:27.525) 3:36.099 (1:24.780) 5:02.575 (1:26.477)		
6:29.784 (1:27.209) 7:57.839 (1:28.055) 9:27.385 (1:29.547) 10:57.432 (1:30.047)		
12:27.228 (1:29.797) 13:55.899 (1:28.672) 15:25.408 (1:29.509) 16:52.984 (1:27.577)		
18:15.847 (1:22.863)		
15 Hudson, Charlotte	Richmond	18:18.37
42.189 (42.189) 2:09.334 (1:27.145) 3:34.488 (1:25.154) 4:59.243 (1:24.755)		
6:25.245 (1:26.003) 7:49.802 (1:24.557) 9:14.823 (1:25.022) 10:42.793 (1:27.970)		
12:13.677 (1:30.884) 13:45.900 (1:32.224) 15:18.604 (1:32.704) 16:52.238 (1:33.634)		
18:18.368 (1:26.130)		
16 Staiger, Sophia	American	18:22.62
41.558 (41.558) 2:05.842 (1:24.284) 3:32.614 (1:26.773) 4:59.373 (1:26.759)		
6:25.664 (1:26.292) 7:52.072 (1:26.408) 9:22.313 (1:30.242) 10:53.487 (1:31.174)		
12:25.490 (1:32.004) 13:56.820 (1:31.330) 15:28.310 (1:31.490) 17:00.550 (1:32.240)		
18:22.613 (1:22.063)		
17 McMahon, Laurel	Catholic	18:22.81
43.688 (43.688) 2:10.178 (1:26.490) 3:35.737 (1:25.559) 5:03.112 (1:27.375)		
6:30.998 (1:27.887) 8:01.059 (1:30.062) 9:31.060 (1:30.002) 10:58.082 (1:27.022)		
12:31.395 (1:33.314) 14:01.587 (1:30.192) 15:32.317 (1:30.730) 17:00.813 (1:28.497)		
18:22.803 (1:21.990)		
18 Nussey, Georgia	Catholic	18:47.47
43.583 (43.583) 2:10.088 (1:26.505) 3:35.614 (1:25.527) 5:02.817 (1:27.203)		
6:30.517 (1:27.700) 7:59.647 (1:29.130) 9:31.162 (1:31.515) 11:03.535 (1:32.374)		
12:37.100 (1:33.565) 14:10.883 (1:33.783) 15:45.205 (1:34.323) 17:19.073 (1:33.868)		
18:47.467 (1:28.394)		
--- Hirschkind, Rachel	Buffalo	DNF
41.430 (41.430) 2:06.530 (1:25.100) 3:33.170 (1:26.640) 4:58.474 (1:25.304)		
6:24.840 (1:26.367) 7:49.693 (1:24.853) 9:14.044 (1:24.352) 10:39.684 (1:25.640)		

Event 56 Men 5000 Meter Run Seeded**School: 13:33.60 R 1979****Hillary Tuwei****Facility: 13:56.37 F 1980****Sosthenes Bitok****Meet: 14:41.48 M****Miles Clikeman, Richmond**

Name	School	Finals
1 Beardsley, Biruk	George Mason	14:28.69 M
35.022 (35.022) 1:43.270 (1:08.248) 2:51.612 (1:08.343) 4:00.994 (1:09.382)		
5:10.806 (1:09.813) 6:21.397 (1:10.592) 7:32.949 (1:11.552) 8:42.964 (1:10.015)		
9:53.864 (1:10.900) 11:05.356 (1:11.493) 12:16.021 (1:10.665) 13:25.892 (1:09.872)		
14:28.684 (1:02.792)		

2025 Fred Hardy Invitational - 3/21/2025

Robins Stadium, Fred Hardy Track

University of Richmond

Results

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Finals ... (Event 56 Men 5000 Meter Run Seeded)**

Name		School		Finals	
2	Brown, Luke	George Mason		14:29.10	M
	35.462 (35.462)	1:44.244 (1:08.782)	2:52.747 (1:08.504)	4:02.501 (1:09.754)	
	5:12.246 (1:09.745)	6:22.630 (1:10.384)	7:33.670 (1:11.040)	8:43.866 (1:10.197)	
	9:54.182 (1:10.317)	11:05.616 (1:11.434)	12:16.247 (1:10.632)	13:26.065 (1:09.818)	
	14:29.099 (1:03.034)				
3	Mogck, Gavin	George Mason		14:31.50	M
	33.866 (33.866)	1:42.354 (1:08.488)	2:50.525 (1:08.172)	4:00.119 (1:09.594)	
	5:10.132 (1:10.014)	6:21.320 (1:11.188)	7:33.172 (1:11.853)	8:43.466 (1:10.294)	
	9:54.006 (1:10.540)	11:05.687 (1:11.682)	12:16.510 (1:10.823)	13:26.227 (1:09.718)	
	14:31.500 (1:05.273)				
4	Ikenberry, Jack	Unattached		14:35.19	M
	35.251 (35.251)	1:42.949 (1:07.698)	2:51.335 (1:08.387)	4:01.310 (1:09.975)	
	5:11.516 (1:10.207)	6:22.397 (1:10.882)	7:32.992 (1:10.595)	8:42.744 (1:09.752)	
	9:53.692 (1:10.949)	11:06.051 (1:12.359)	12:17.042 (1:10.992)	13:28.207 (1:11.165)	
	14:35.181 (1:06.974)				
5	Kipchirchir, Franklin	Virginia Union		14:42.57	
	34.374 (34.374)	1:43.762 (1:09.389)	2:52.302 (1:08.540)	4:01.981 (1:09.679)	
	5:11.049 (1:09.068)	6:21.814 (1:10.765)	7:33.419 (1:11.605)	8:43.229 (1:09.810)	
	9:54.055 (1:10.827)	11:05.834 (1:11.779)	12:17.334 (1:11.500)	13:31.329 (1:13.995)	
	14:42.569 (1:11.240)				
6	Haase, Henry	Unattached		14:44.46	
	33.947 (33.947)	1:42.597 (1:08.650)	2:50.767 (1:08.170)	4:00.392 (1:09.625)	
	5:10.406 (1:10.014)	6:21.594 (1:11.188)	7:33.294 (1:11.700)	8:43.641 (1:10.348)	
	9:54.435 (1:10.794)	11:06.616 (1:12.182)	12:20.077 (1:13.462)	13:33.430 (1:13.353)	
	14:44.451 (1:11.022)				
7	O'Neill, Daniel	American		14:51.71	
	34.726 (34.726)	1:46.010 (1:11.284)	2:55.944 (1:09.934)	4:06.934 (1:10.990)	
	5:17.174 (1:10.240)	6:28.395 (1:11.222)	7:40.656 (1:12.262)	8:53.181 (1:12.525)	
	10:04.782 (1:11.602)	11:17.412 (1:12.630)	12:30.366 (1:12.954)	13:43.547 (1:13.182)	
	14:51.709 (1:08.162)				
8	Griesmer, Will	William & Mary		14:55.14	
	34.557 (34.557)	1:43.995 (1:09.438)	2:52.517 (1:08.523)	4:02.220 (1:09.703)	
	5:12.026 (1:09.807)	6:23.177 (1:11.152)	7:34.701 (1:11.524)	8:47.925 (1:13.224)	
	10:02.821 (1:14.897)	11:18.586 (1:15.765)	12:33.610 (1:15.024)	13:47.397 (1:13.788)	
	14:55.132 (1:07.735)				
9	Ricci, Maxime	Wagner		14:59.05	
	34.836 (34.836)	1:46.276 (1:11.440)	2:54.850 (1:08.574)	4:03.617 (1:08.768)	
	5:13.272 (1:09.655)	6:24.077 (1:10.805)	7:36.995 (1:12.918)	8:51.929 (1:14.934)	
	10:05.859 (1:13.930)	11:21.150 (1:15.292)	12:35.407 (1:14.258)	13:49.114 (1:13.707)	
	14:59.044 (1:09.930)				
10	Korir, Rodgers	Virginia Union		15:05.60	
	36.125 (36.125)	1:46.792 (1:10.668)	2:55.436 (1:08.644)	4:05.956 (1:10.520)	
	5:16.635 (1:10.679)	6:27.769 (1:11.134)	7:40.451 (1:12.683)	8:53.417 (1:12.967)	
	10:05.467 (1:12.050)	11:21.566 (1:16.099)	12:38.934 (1:17.368)	13:54.512 (1:15.579)	
	15:05.594 (1:11.082)				
11	Frederick, Jaden	American		15:08.06	
	34.517 (34.517)	1:45.646 (1:11.129)	2:55.516 (1:09.870)	4:06.685 (1:11.169)	
	5:18.205 (1:11.520)	6:30.729 (1:12.524)	7:44.127 (1:13.399)	8:58.514 (1:14.387)	
	10:14.139 (1:15.625)	11:30.404 (1:16.265)	12:45.000 (1:14.597)	13:58.934 (1:13.934)	
	15:08.059 (1:09.125)				

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results**

12	Barnett, Bryson	Unattached	15:10.16
	35.882 (35.882)	1:44.867 (1:08.985)	2:54.146 (1:09.279) 4:06.380 (1:12.234)
	5:20.024 (1:13.644)	6:34.582 (1:14.559)	7:49.205 (1:14.623) 9:03.651 (1:14.447)
	10:17.614 (1:13.963)	11:32.751 (1:15.138)	12:47.941 (1:15.190) 14:00.639 (1:12.698)
	15:10.155 (1:09.517)		

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Finals ... (Event 56 Men 5000 Meter Run Seeded)**

Name		School		Finals	
13	Albon, Travis	George Mason		15:11.77	
	34.744 (34.744)	1:43.499 (1:08.755)	2:51.859 (1:08.360)	4:01.565 (1:09.707)	
	5:11.785 (1:10.220)	6:22.947 (1:11.163)	7:34.462 (1:11.515)	8:49.047 (1:14.585)	
	10:06.089 (1:17.042)	11:23.590 (1:17.502)	12:40.436 (1:16.847)	13:56.514 (1:16.078)	
	15:11.762 (1:15.249)				
14	Duchesne, Bradford	Fordham		15:13.24	
	36.657 (36.657)	1:47.084 (1:10.427)	2:56.106 (1:09.023)	4:06.580 (1:10.474)	
	5:16.926 (1:10.347)	6:29.276 (1:12.350)	7:43.394 (1:14.118)	8:58.832 (1:15.439)	
	10:13.445 (1:14.613)	11:28.524 (1:15.079)	12:45.474 (1:16.950)	14:02.336 (1:16.863)	
	15:13.239 (1:10.903)				
15	Gross, Isaac	Marist		15:17.91	
	34.301 (34.301)	1:45.295 (1:10.994)	2:55.740 (1:10.445)	4:07.746 (1:12.007)	
	5:20.322 (1:12.577)	6:34.281 (1:13.959)	7:49.401 (1:15.120)	9:03.771 (1:14.370)	
	10:18.131 (1:14.360)	11:33.050 (1:14.919)	12:49.162 (1:16.113)	14:06.046 (1:16.884)	
	15:17.904 (1:11.858)				
16	Gross, Conor	Catholic		15:23.71	
	36.256 (36.256)	1:49.110 (1:12.854)	3:01.170 (1:12.060)	4:14.537 (1:13.368)	
	5:28.307 (1:13.770)	6:42.807 (1:14.500)	7:57.554 (1:14.747)	9:12.114 (1:14.560)	
	10:26.444 (1:14.330)	11:42.360 (1:15.917)	12:59.404 (1:17.044)	14:15.364 (1:15.960)	
	15:23.702 (1:08.339)				
17	Boerger, Jack	Fordham		15:26.49	
	36.562 (36.562)	1:47.271 (1:10.709)	2:56.804 (1:09.533)	4:08.372 (1:11.569)	
	5:21.686 (1:13.314)	6:36.485 (1:14.799)	7:52.406 (1:15.922)	9:08.081 (1:15.675)	
	10:24.170 (1:16.089)	11:40.251 (1:16.082)	12:57.375 (1:17.124)	14:13.072 (1:15.698)	
	15:26.485 (1:13.413)				
18	Marhold, William	Unattached		15:29.62	
	34.877 (34.877)	1:45.862 (1:10.985)	2:53.490 (1:07.628)	4:02.799 (1:09.309)	
	5:14.006 (1:11.208)	6:28.002 (1:13.997)	7:43.649 (1:15.647)	9:01.041 (1:17.393)	
	10:19.009 (1:17.968)	11:37.209 (1:18.200)	12:57.125 (1:19.917)	14:16.804 (1:19.679)	
	15:29.619 (1:12.815)				
19	Abdallah, Nahim	Vcu		15:34.04	
	34.580 (34.580)	1:43.600 (1:09.020)	2:52.064 (1:08.464)	4:01.791 (1:09.728)	
	5:12.574 (1:10.783)	6:26.097 (1:13.524)	7:42.844 (1:16.747)	9:01.831 (1:18.988)	
	10:20.260 (1:18.429)	11:38.769 (1:18.509)	12:57.359 (1:18.590)	14:16.599 (1:19.240)	
	15:34.032 (1:17.434)				
20	Goulet, Benjamin	Longwood		15:42.58	
	35.715 (35.715)	1:47.069 (1:11.354)	2:57.802 (1:10.734)	4:10.295 (1:12.493)	
	5:24.357 (1:14.063)	6:40.110 (1:15.753)	7:57.862 (1:17.753)	9:15.347 (1:17.485)	
	10:33.712 (1:18.365)	11:51.430 (1:17.718)	13:09.920 (1:18.490)	14:27.184 (1:17.264)	
	15:42.571 (1:15.388)				
21	Grabarz, Nicolas	Fordham		15:44.60	
	36.385 (36.385)	1:47.561 (1:11.177)	2:58.407 (1:10.847)	4:11.141 (1:12.734)	
	5:25.226 (1:14.085)	6:40.551 (1:15.325)	7:57.622 (1:17.072)	9:15.031 (1:17.409)	
	10:32.969 (1:17.938)	11:51.110 (1:18.142)	13:09.541 (1:18.432)	14:28.391 (1:18.850)	
	15:44.594 (1:16.203)				
22	Love, Dennis	Marist		15:50.90	
	34.271 (34.271)	1:46.485 (1:12.214)	2:57.997 (1:11.513)	4:10.854 (1:12.857)	
	5:24.944 (1:14.090)	6:40.696 (1:15.753)	7:57.010 (1:16.314)	9:14.292 (1:17.283)	
	10:33.412 (1:19.120)	11:51.259 (1:17.847)	13:09.875 (1:18.617)	14:31.526 (1:21.652)	
	15:50.894 (1:19.368)				

2025 Fred Hardy Invitational - 3/21/2025
Robins Stadium, Fred Hardy Track
University of Richmond
Results

23	West, Jacob	American	15:52.68
	36.224 (36.224)	1:48.079 (1:11.855)	2:59.630 (1:11.552)
	5:28.735 (1:14.394)	6:45.655 (1:16.920)	8:03.967 (1:18.313)
	10:42.426 (1:18.245)	12:00.420 (1:17.994)	13:19.181 (1:18.762)
	15:52.677 (1:13.400)	14:39.277 (1:20.097)	

2025 Fred Hardy Invitational - 3/21/2025**Robins Stadium, Fred Hardy Track****University of Richmond****Results****Finals ... (Event 56 Men 5000 Meter Run Seeded)**

Name		School		Finals	
24	Longo, Hunter	Wagner		15:55.31	
	35.950 (35.950)	1:49.554 (1:13.604)	3:02.881 (1:13.328)	4:17.725 (1:14.844)	
	5:32.055 (1:14.330)	6:47.657 (1:15.603)	8:04.222 (1:16.565)	9:23.774 (1:19.552)	
	10:42.835 (1:19.062)	12:03.592 (1:20.758)	13:23.597 (1:20.005)	14:43.452 (1:19.855)	
	15:55.310 (1:11.858)				
25	Barth, Hudson	Vcu		15:59.47	
	34.972 (34.972)	1:45.845 (1:10.873)	2:56.587 (1:10.743)	4:10.004 (1:13.417)	
	5:26.780 (1:16.777)	6:46.014 (1:19.234)	8:05.152 (1:19.139)	9:24.955 (1:19.803)	
	10:45.386 (1:20.432)	12:06.484 (1:21.098)	13:26.821 (1:20.338)	14:45.641 (1:18.820)	
	15:59.462 (1:13.822)				
26	Hauser, Hayden	American		15:59.65	
	35.491 (35.491)	1:46.817 (1:11.327)	2:57.582 (1:10.765)	4:10.596 (1:13.014)	
	5:24.639 (1:14.043)	6:40.395 (1:15.757)	7:57.407 (1:17.013)	9:16.531 (1:19.124)	
	10:37.807 (1:21.277)	11:59.267 (1:21.460)	13:20.899 (1:21.632)	14:42.529 (1:21.630)	
	15:59.642 (1:17.114)				
27	Wolfe, Joe	Catholic		16:02.51	
	36.866 (36.866)	1:49.459 (1:12.593)	3:02.640 (1:13.182)	4:18.569 (1:15.929)	
	5:35.622 (1:17.054)	6:54.281 (1:18.659)	8:13.061 (1:18.780)	9:31.974 (1:18.913)	
	10:51.062 (1:19.089)	12:11.104 (1:20.042)	13:31.697 (1:20.594)	14:50.356 (1:18.659)	
	16:02.510 (1:12.154)				
28	Abreu, Luis	Fdu		16:13.08	
	36.455 (36.455)	1:48.412 (1:11.958)	2:59.915 (1:11.503)	4:14.235 (1:14.320)	
	5:31.495 (1:17.260)	6:51.262 (1:19.768)	8:11.471 (1:20.209)	9:31.874 (1:20.403)	
	10:52.306 (1:20.433)	12:14.687 (1:22.382)	13:36.409 (1:21.722)	14:56.947 (1:20.539)	
	16:13.080 (1:16.133)				
---	Townsend, Wyatt	William & Mary		DNF	
	33.317 (33.317)	1:42.092 (1:08.775)	2:50.271 (1:08.179)	4:00.621 (1:10.350)	